

# Gp Trzemeszna w biegach 2015/16 - bieg 2

## Wyniki OPEN Gołębki 2015-12-12



| Msc open | Nr start | Nazwisko, imię       | Miejscowość         | Klub                               | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto |
|----------|----------|----------------------|---------------------|------------------------------------|--------|-----|---------|---------|----------------|--------------|------------|
| 1.       | 91       | Frydrychowski Piotr  | Kleczew             | KS TEAM RUN GDAŃSK                 | 1994   | M20 | 1.      | M (1.)  | <b>0:34:39</b> | 03:27        | 0:36:40    |
| 2.       | 159      | Kledzik Zbigniew     | Chomiąża Szlachecka | Waleczne Serca                     | 1991   | M20 | 2.      | M (2.)  | <b>0:34:51</b> | 03:29        | 0:36:50    |
| 3.       | 94       | Śliwiński Dariusz    | Żnin                | Waleczne Serca/Pałuki Running Team | 1988   | M20 | 3.      | M (3.)  | <b>0:35:08</b> | 03:30        | 0:37:10    |
| 4.       | 65       | Grochowiak Piotr     | Barcin              | Ślimaki Barcin                     | 1981   | M30 | 1.      | M (4.)  | <b>0:37:38</b> | 03:45        | 0:39:38    |
| 5.       | 138      | Gbur Arkadiusz       | Witkowo             | 31 BAZA LOTNICTWA TAKTYCZNEGO      | 1976   | M30 | 2.      | M (5.)  | <b>0:37:54</b> | 03:47        | 0:37:53    |
| 6.       | 79       | rezulak Paweł        | Orchowo             | BOLT Trzemeszno                    | 1988   | M20 | 4.      | M (6.)  | <b>0:38:51</b> | 03:53        | 0:38:49    |
| 7.       | 121      | Szymański Ryszard    | Mogilno             | Sport i Rekreacja Mogilno          | 1970   | M40 | 1.      | M (7.)  | <b>0:38:53</b> | 03:53        | 0:38:52    |
| 8.       | 99       | Adamczyk Mariusz     | Gniezno             | Altom Gniezno                      | 1973   | M40 | 2.      | M (8.)  | <b>0:38:56</b> | 03:53        | 0:40:58    |
| 9.       | 144      | Kaczor Marcin        | Kłecko              | No Excuses Team                    | 1985   | M30 | 3.      | M (9.)  | <b>0:39:09</b> | 03:54        | 0:39:08    |
| 10.      | 136      | snuszka adam         | kiszkowo            |                                    | 1970   | M40 | 3.      | M (10.) | <b>0:39:12</b> | 03:55        | 0:39:11    |
| 11.      | 87       | Cyrok Maciej         | Dąbrowa             | Olimpia Dąbrowa                    | 1993   | M20 | 5.      | M (11.) | <b>0:40:29</b> | 04:02        | 0:40:28    |
| 12.      | 102      | kowalewski marek     | rogowo              | brak                               | 1990   | M20 | 6.      | M (12.) | <b>0:41:04</b> | 04:06        | 0:41:02    |
| 13.      | 106      | Czapliński Mariusz   | Gniezno             | Altom Gniezno                      | 1967   | M40 | 4.      | M (13.) | <b>0:41:36</b> | 04:09        | 0:41:35    |
| 14.      | 56       | Małkowski Jacek      | Gniezno             | Altom Gniezno                      | 1973   | M40 | 5.      | M (14.) | <b>0:41:40</b> | 04:09        | 0:41:40    |
| 15.      | 135      | Król Jakub           | Gniezno             | Zaparkowani                        | 1974   | M40 | 6.      | M (15.) | <b>0:41:44</b> | 04:10        | 0:41:42    |
| 16.      | 153      | Przybylski Krzysztof | Gniezno             | KKS Gniezno Biega                  | 1969   | M40 | 7.      | M (16.) | <b>0:41:47</b> | 04:10        | 0:41:46    |
| 17.      | 61       | Żuk Włodzimierz      | Gołębki             |                                    | 1963   | M50 | 1.      | M (17.) | <b>0:41:58</b> | 04:11        | 0:41:55    |
| 18.      | 42       | Nowak Michał         | Gniezno             | Wełnica Biega                      | 1978   | M30 | 4.      | M (18.) | <b>0:41:59</b> | 04:11        | 0:41:57    |
| 19.      | 118      | Plewczyński Dawid    | Gniezno             |                                    | 1990   | M20 | 7.      | M (19.) | <b>0:42:02</b> | 04:12        | 0:42:00    |
| 20.      | 69       | Krause Daniel        | Żydowo              | Altom Gniezno                      | 1981   | M30 | 5.      | M (20.) | <b>0:42:19</b> | 04:13        | 0:42:18    |
| 21.      | 26       | Berg Dariusz         | Gniezno             | ALTOM Gniezno/NO EXCUSES TEAM      | 1977   | M30 | 6.      | M (21.) | <b>0:42:29</b> | 04:14        | 0:42:28    |
| 22.      | 16       | Wieruszewski Mateusz | Gniezno             | UKS Gniezno Biega                  | 1980   | M30 | 7.      | M (22.) | <b>0:42:43</b> | 04:16        | 0:42:41    |
| 23.      | 141      | Grzesik Katarzyna    | Trzemeszno          | -                                  | 1993   | K20 | 1.      | K (1.)  | <b>0:42:50</b> | 04:16        | 0:42:50    |



| Msc open | Nr start | Nazwisko, imię       | Miejscowość    | Klub                      | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto |
|----------|----------|----------------------|----------------|---------------------------|--------|-----|---------|---------|----------------|--------------|------------|
| 24.      | 139      | Kamiński Sławek      | Kleczew        |                           | 1978   | M30 | 8.      | M (23.) | <b>0:42:50</b> | 04:16        | 0:42:42    |
| 25.      | 10       | Zieliński Bartłomiej | Mogilno        | Sport i Rekreacja Mogilno | 1983   | M30 | 9.      | M (24.) | <b>0:43:20</b> | 04:19        | 0:43:07    |
| 26.      | 142      | Wolski Jarosław      | Mogilno        | Sport i Rekreacja Mogilno | 1972   | M40 | 8.      | M (25.) | <b>0:43:31</b> | 04:21        | 0:43:28    |
| 27.      | 67       | Maciejewska Kamila   | Barcin         | Ślimaki Barcin            | 1981   | K30 | 1.      | K (2.)  | <b>0:43:39</b> | 04:21        | 0:45:40    |
| 28.      | 78       | Zeidler Krzysztof    | Gniezno        |                           | 1957   | M50 | 2.      | M (26.) | <b>0:43:41</b> | 04:22        | 0:43:38    |
| 29.      | 133      | Grzesik Paulina      | Trzemeszno     |                           | 1991   | K20 | 2.      | K (3.)  | <b>0:44:11</b> | 04:25        | 0:44:10    |
| 30.      | 92       | nowak ireneusz       | gniezno        |                           | 1988   | M20 | 8.      | M (27.) | <b>0:44:28</b> | 04:26        | 0:44:26    |
| 31.      | 21       | Bandur Grzegorz      | Gorzów Wlkp.   | KB Maniac Poznań          | 1988   | M20 | 9.      | M (28.) | <b>0:44:58</b> | 04:29        | 0:44:55    |
| 32.      | 157      | Szymański Piotr      | Kleczew        | OSiR Kleczek              | 1976   | M30 | 10.     | M (29.) | <b>0:45:06</b> | 04:30        | 0:45:03    |
| 33.      | 64       | Kolibabka Adam       | Gniezno        |                           | 1973   | M40 | 9.      | M (30.) | <b>0:45:15</b> | 04:31        | 0:45:12    |
| 34.      | 107      | Utecht Arkadiusz     | Janowiec Wlkp. | RodzinaPL                 | 1977   | M30 | 11.     | M (31.) | <b>0:45:54</b> | 04:35        | 0:45:49    |
| 35.      | 89       | Kaźmierski Mirosław  | Janikowo       | Janikowo na sportowo      | 1969   | M40 | 10.     | M (32.) | <b>0:46:10</b> | 04:36        | 0:46:08    |
| 36.      | 88       | Nadrajkowski Adam    | Inowrocław     |                           | 1958   | M50 | 3.      | M (33.) | <b>0:46:12</b> | 04:37        | 0:46:12    |
| 37.      | 72       | Piniarski Paweł      | Mogilno        |                           | 1985   | M30 | 12.     | M (34.) | <b>0:46:23</b> | 04:38        | 0:46:20    |
| 38.      | 25       | Tonak Wojciech       | Trzemeszno     |                           | 1987   | M20 | 10.     | M (35.) | <b>0:46:24</b> | 04:38        | 0:46:22    |
| 39.      | 36       | Kupczyk Agnieszka    | Mogilno        |                           | 1982   | K30 | 2.      | K (4.)  | <b>0:46:27</b> | 04:38        | 0:46:24    |
| 40.      | 57       | Mróz Violetta        | Gąsawa         | VAMP DREWNO               | 1976   | K30 | 3.      | K (5.)  | <b>0:46:40</b> | 04:39        | 0:46:38    |
| 41.      | 41       | Kędzierski Arkadiusz | Trzemeszno     |                           | 1977   | M30 | 13.     | M (36.) | <b>0:46:50</b> | 04:40        | 0:46:48    |
| 42.      | 9        | Gryboś Marcin        | Mogilno        | Sport i Rekreacja Mogilno | 1980   | M30 | 14.     | M (37.) | <b>0:46:58</b> | 04:41        | 0:46:45    |
| 43.      | 38       | DEMBINA ANDRZEJ      | SUCHY LAS      | X                         | 1962   | M50 | 4.      | M (38.) | <b>0:47:04</b> | 04:42        | 0:47:04    |
| 44.      | 11       | Bednarz Maria        | Skórcz         | FAT TRZEMESZNO            | 1995   | K20 | 3.      | K (6.)  | <b>0:47:08</b> | 04:42        | 0:47:03    |
| 45.      | 116      | Mazur Norbert        | Trzemeszno     |                           | 1997   | M16 | 1.      | M (39.) | <b>0:47:08</b> | 04:42        | 0:47:02    |
| 46.      | 93       | Wawrzyniak Leon      | Pobiedziska    | TKkF Płomień Pobiedziska  | 1955   | M60 | 1.      | M (40.) | <b>0:47:17</b> | 04:43        | 0:47:13    |
| 47.      | 58       | Senger Michał        | Gąsawa         | Pałuki Running Team       | 1981   | M30 | 15.     | M (41.) | <b>0:47:26</b> | 04:44        | 0:47:19    |
| 48.      | 113      | Olczak Piotr         | Poznań         | VAMP DREWNO               | 1993   | M20 | 11.     | M (42.) | <b>0:47:29</b> | 04:44        | 0:47:26    |
| 49.      | 81       | Tadowski Tomasz      | Inowrocław     |                           | 1973   | M40 | 11.     | M (43.) | <b>0:47:31</b> | 04:45        | 0:47:27    |



| Msc open | Nr start | Nazwisko, imię          | Miejscowość           | Klub                       | Rok ur | Kat | Msc kat | Msc M/K | Wynik brutto   | Tempo min/km | Czas netto |
|----------|----------|-------------------------|-----------------------|----------------------------|--------|-----|---------|---------|----------------|--------------|------------|
| 50.      | 123      | Karasiewicz Przemysław  | Kiszkowo              |                            | 1980   | M30 | 16.     | M (44.) | <b>0:47:36</b> | 04:45        | 0:47:32    |
| 51.      | 134      | SIKORA ANTONI           | GĄSAWA                | Żninski Klub Biegacza 1992 | 1949   | M60 | 2.      | M (45.) | <b>0:47:40</b> | 04:45        | 0:47:37    |
| 52.      | 137      | LEWANDOWSKI JAN         | MOGILNO               |                            | 1975   | M40 | 12.     | M (46.) | <b>0:47:53</b> | 04:47        | 0:47:49    |
| 53.      | 119      | SZCZEPANKIEWICZ RAFAŁ   | TRZEMESZNO            | BOLT Trzemeszno            | 1983   | M30 | 17.     | M (47.) | <b>0:48:00</b> | 04:47        | 0:47:55    |
| 54.      | 160      | Wietrzyńska Donata      | Gniezno               |                            | 1970   |     | 1.      | k (1.)  | <b>0:48:02</b> | 04:48        | 0:47:59    |
| 55.      | 158      | Bestrzyński Lech        | Rodakowo              | Człapak Rodakow            | 1971   | M40 | 13.     | M (48.) | <b>0:48:07</b> | 04:48        | 0:48:04    |
| 56.      | 5        | Majewski Wiesław Stefan | Komorniki             | BOLT Trzemeszno            | 1973   | M40 | 14.     | M (49.) | <b>0:48:55</b> | 04:53        | 0:48:50    |
| 57.      | 154      | Mazurek Kacper          | Mogilno               |                            | 1995   | M20 | 12.     | M (50.) | <b>0:49:06</b> | 04:54        | 0:49:03    |
| 58.      | 125      | Mądry Wojciech          | Kamieniec             | Sołectwo Kamieniec         | 1993   | M20 | 13.     | M (51.) | <b>0:49:13</b> | 04:55        | 0:49:13    |
| 59.      | 34       | Sypniewski Hubert       | Janowiec Wielkopolski | RodzinaPL                  | 1994   | M20 | 14.     | M (52.) | <b>0:49:14</b> | 04:55        | 0:49:07    |
| 60.      | 18       | ZIÓŁKOWSKI MIECZYŚLAW   | JANIKOWO              |                            | 1965   | M50 | 5.      | M (53.) | <b>0:49:25</b> | 04:56        | 0:49:20    |
| 61.      | 43       | Ochocki Krzysztof       | Janikowo              | Janikowo na sportowo       | 1973   | M40 | 15.     | M (54.) | <b>0:49:30</b> | 04:56        | 0:49:26    |
| 62.      | 39       | Kozłowski Szymon        | Dąbrowa               | PSSE Mogilno               | 1984   | M30 | 18.     | M (55.) | <b>0:49:34</b> | 04:57        | 0:49:31    |
| 63.      | 20       | Waluszyński Janusz      | Gniezno               | Altom Gniezno              | 1979   | M30 | 19.     | M (56.) | <b>0:49:37</b> | 04:57        | 0:49:34    |
| 64.      | 37       | matuszewski szymon      | poznań                | Piątkowo na Biegowo        | 1974   | M40 | 16.     | M (57.) | <b>0:49:55</b> | 04:59        | 0:49:47    |
| 65.      | 155      | Kanarkowski Tomasz      | Żnin                  |                            | 1968   | M40 | 17.     | M (58.) | <b>0:50:06</b> | 05:00        | 0:49:59    |
| 66.      | 150      | KRAJEWSKA LUCYNA        | ŻNIN                  |                            | 1976   | K30 | 4.      | K (7.)  | <b>0:50:07</b> | 05:00        | 0:50:00    |
| 67.      | 149      | łukomski filip          | żnin                  |                            | 1977   | M30 | 20.     | M (59.) | <b>0:50:37</b> | 05:03        | 0:50:31    |
| 68.      | 73       | OLCHOWIK RYSZARD        | GNIEZNO               | Altom Gniezno              | 1951   | M60 | 3.      | M (60.) | <b>0:50:42</b> | 05:04        | 0:50:38    |
| 69.      | 63       | Kucharski Jarosław      | Barcin                |                            | 1975   | M40 | 18.     | M (61.) | <b>0:51:25</b> | 05:08        | 0:51:19    |
| 70.      | 156      | Witkowski Krzysztof     | Mogilno               |                            | 1981   | M30 | 21.     | M (62.) | <b>0:51:30</b> | 05:08        | 0:51:24    |
| 71.      | 148      | Hęś Tomasz              | Trzemeszno            | BOLT Trzemeszno            | 1972   | M40 | 19.     | M (63.) | <b>0:51:30</b> | 05:08        | 0:51:25    |
| 72.      | 76       | Joszcz Sławomir         | Trzemeszno            |                            | 1974   | M40 | 20.     | M (64.) | <b>0:51:43</b> | 05:10        | 0:51:39    |
| 73.      | 70       | Kamińska Bogumiła       | Trzemeszno            | BOLT Trzemeszno            | 1967   | K40 | 1.      | K (8.)  | <b>0:51:49</b> | 05:10        | 0:51:44    |
| 74.      | 59       | Możdzeń Maja            | Gniezno               |                            | 1983   | K30 | 5.      | K (9.)  | <b>0:51:49</b> | 05:10        | 0:51:44    |
| 75.      | 80       | Krygier Ewa             | Gąsawa                | VAMP DREWNO                | 1992   | K20 | 4.      | K (10.) | <b>0:51:51</b> | 05:11        | 0:51:47    |



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|----------|----------|-----------------------------|-----------------------|-------------------------------|--------|-----|---------|---------|----------------|--------------|------------|
| 76.      | 14       | Wesołowski Radosław         | Mieleszyn             |                               | 1988   | M20 | 15.     | M (65.) | <b>0:52:02</b> | 05:12        | 0:51:52    |
| 77.      | 124      | Superczyńska Agata          | Gąsawa                | Gąsawa Run Team               | 1997   | K16 | 1.      | K (11.) | <b>0:52:07</b> | 05:12        | 0:52:04    |
| 78.      | 132      | Kapała Alicja               | Rawicz                |                               | 1983   | K30 | 6.      | K (12.) | <b>0:52:54</b> | 05:17        | 0:52:50    |
| 79.      | 127      | Adamczyk Sławomir           | Gniezno               |                               | 1968   | M40 | 21.     | M (66.) | <b>0:53:05</b> | 05:18        | 0:53:01    |
| 80.      | 46       | Krygier Mirosława           | Gąsawa                | VAMP DREWNO                   | 1965   | K50 | 1.      | K (13.) | <b>0:53:20</b> | 05:19        | 0:53:18    |
| 81.      | 74       | Nawrocka Joanna             | Janowiec Wielkopolski | RodzinaPL                     | 1996   | K16 | 2.      | K (14.) | <b>0:53:54</b> | 05:23        | 0:53:47    |
| 82.      | 24       | Pacanowski Robert           | Wełnica               | Wełnica Biega                 | 1968   | M40 | 22.     | M (67.) | <b>0:53:55</b> | 05:23        | 0:53:49    |
| 83.      | 145      | Bukowski Krzysztof          | Inowrocław            | Bezklubowiec                  | 1966   | M40 | 23.     | M (68.) | <b>0:53:56</b> | 05:23        | 0:53:54    |
| 84.      | 128      | Majchrzak Piotr             | Gniezno               |                               | 1971   | M40 | 24.     | M (69.) | <b>0:54:06</b> | 05:24        | 0:54:02    |
| 85.      | 151      | koźłowski marek             | żnin                  |                               | 1975   | M40 | 25.     | M (70.) | <b>0:54:21</b> | 05:26        | 0:54:14    |
| 86.      | 82       | Debski Jan                  | Dąbrowa               | Sołtys                        | 1952   | M60 | 4.      | M (71.) | <b>0:54:50</b> | 05:28        | 0:54:45    |
| 87.      | 110      | Poniewski Paweł             | Sława Wielkopolska    | KB Katorżnik Murowana Goślina | 1985   | M30 | 22.     | M (72.) | <b>0:55:05</b> | 05:30        | 0:55:00    |
| 88.      | 17       | Perek Bartosz               | Gniezno               |                               | 1985   | M30 | 23.     | M (73.) | <b>0:55:30</b> | 05:32        | 0:55:21    |
| 89.      | 49       | Niemeczek Waldemar          | Janikowo              | Janikowo na sportowo          | 1961   | M50 | 6.      | M (74.) | <b>0:56:41</b> | 05:40        | 0:56:36    |
| 90.      | 51       | Brzewińska Marzena          | Trzemeszno            | niezrzeszona                  | 1974   | K40 | 2.      | K (15.) | <b>0:57:00</b> | 05:41        | 0:56:55    |
| 91.      | 40       | Ochocka Magdalena           | Janikowo              |                               | 1979   | K30 | 7.      | K (16.) | <b>0:57:06</b> | 05:42        | 0:57:02    |
| 92.      | 129      | Cichoń Marek                | Inowrocław            |                               | 1980   | M30 | 24.     | M (75.) | <b>0:57:06</b> | 05:42        | 0:57:02    |
| 93.      | 52       | Rosińska Magdalena          | Trzemeszno            | BOLT Trzemeszno               | 1987   | K20 | 5.      | K (17.) | <b>0:57:16</b> | 05:43        | 0:57:12    |
| 94.      | 100      | Sobczak Tomasz              | Gniezno               |                               | 1974   | M40 | 26.     | M (76.) | <b>0:57:17</b> | 05:43        | 0:57:10    |
| 95.      | 98       | Perek Jakub                 | Gniezno               | Night Runners Gniezno         | 1976   | M30 | 25.     | M (77.) | <b>0:57:17</b> | 05:43        | 0:57:10    |
| 96.      | 71       | Dreas Katarzyna             | Rybitwy               |                               | 1993   | K20 | 6.      | K (18.) | <b>0:57:42</b> | 05:46        | 0:57:38    |
| 97.      | 3        | SALITA LECH                 | GNIEZNO               | Altom Gniezno                 | 1960   | M50 | 7.      | M (78.) | <b>0:57:56</b> | 05:47        | 0:57:50    |
| 98.      | 140      | Frydrych Bartłomiej         | Janowiec Wielkopolski | RodzinaPL                     | 1984   | M30 | 26.     | M (79.) | <b>0:58:04</b> | 05:48        | 0:57:58    |
| 100.     | 47       | Przybylski Przemysław       | Gniezno               | Wełnica Biega                 | 1971   | M40 | 27.     | M (80.) | <b>0:58:41</b> | 05:52        | 0:58:36    |
| 99.      | 48       | Michalska Przybylska Żaneta | Gniezno               | Wełnica Biega                 | 1975   | K40 | 3.      | K (19.) | <b>0:58:41</b> | 05:52        | 0:58:36    |
| 101.     | 32       | Skibiński Krzysztof         | Janowiec Wielkopolski | RodzinaPL                     | 1987   | M20 | 16.     | M (81.) | <b>0:59:06</b> | 05:54        | 0:58:58    |



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|----------|----------|--------------------------|-----------------------|---------------------|--------|-----|---------|---------|----------------|--------------|------------|
| 102.     | 161      | Grunwald Barbara         | Mieleszyn             |                     | 1995   | K20 | 7.      | K (20.) | <b>0:59:14</b> | 05:55        | 0:59:05    |
| 103.     | 84       | Osiński Wojciech         | Szubin                | MAISADOUR           | 1979   | M30 | 27.     | M (82.) | <b>0:59:32</b> | 05:57        | 0:59:25    |
| 104.     | 66       | Grochowiak Karolina      | Barcin                | Ślimaki Barcin      | 1984   | K30 | 8.      | K (21.) | <b>1:01:10</b> | 06:06        | 1:01:03    |
| 105.     | 146      | DEMBINA KASIA            | SUCHY LAS             | X                   | 1986   | K20 | 8.      | K (22.) | <b>1:03:30</b> | 06:20        | 1:03:30    |
| 106.     | 143      | Angel Władysław          | Bydgoszcz             | Kolejarz Bydgoszcz  | 1937   | M60 | 5.      | M (83.) | <b>1:03:53</b> | 06:23        | 1:03:51    |
| 107.     | 8        | Łącki Wojciech           | Gniezno               | Altom Gniezno       | 1956   | M50 | 8.      | M (84.) | <b>1:04:55</b> | 06:29        | 1:04:48    |
| 108.     | 131      | Baczyńska Marzena        | Bydgoszcz             | RodzinaPL           | 1980   | K30 | 9.      | K (23.) | <b>1:06:35</b> | 06:39        | 1:06:28    |
| 109.     | 28       | Baczyński Andrzej        | Janowiec Wielkopolski | RodzinaPL           | 1984   | M30 | 28.     | M (85.) | <b>1:06:35</b> | 06:39        | 1:06:28    |
| 110.     | 147      | Bednarek Irena           | Trzemeszno            | BOLT Trzemeszno     | 1968   | K40 | 4.      | K (24.) | <b>1:08:03</b> | 06:48        | 1:07:59    |
| 1.       | 83       | Wolek Waldemar           | Gniezno               | NORDIC TEAM GNIEZNO | 1973   | M40 | 1.      | M (1.)  | <b>0:33:27</b> | 06:04        | 0:33:27    |
| 2.       | 103      | Mielecka Agnieszka       | GĄSAWA                | VAMP DREWNO         | 1969   | K40 | 1.      | K (1.)  | <b>0:35:02</b> | 06:22        | 0:35:01    |
| 3.       | 109      | Krzyżanowski Robert      | Bydgoszcz             | Andro               | 1968   | M40 | 2.      | M (2.)  | <b>0:36:11</b> | 06:34        | 0:36:09    |
| 4.       | 152      | Motoczyński Krzysztof    | Bydgoszcz             | Kolejarz Bydgoszcz  | 1955   | M60 | 1.      | M (3.)  | <b>0:36:38</b> | 06:39        | 0:36:38    |
| 5.       | 101      | KAŻMIERCZAK-PUĆKA MONIKA | GNIEZNO               | NORDIC TEAM GNIEZNO | 1977   | K30 | 1.      | K (2.)  | <b>0:36:40</b> | 06:40        | 0:36:39    |
| 6.       | 60       | Puchalski Marek          | Kleczew               |                     | 1970   | M40 | 3.      | M (4.)  | <b>0:37:22</b> | 06:47        | 0:37:20    |
| 7.       | 44       | Kędzierska Agnieszka     | Trzemeszno            |                     | 1976   | K30 | 2.      | K (3.)  | <b>0:37:40</b> | 06:51        | 0:37:40    |
| 8.       | 19       | Ciesielski Krzysztof     | Gniezno               | NORDIC TEAM GNIEZNO | 1955   | M60 | 2.      | M (5.)  | <b>0:37:52</b> | 06:53        | 0:37:51    |
| 9.       | 86       | Starak-Cyrok Maria       | Dąbrowa               | Olimpia Dąbrowa     | 1969   | K40 | 2.      | K (4.)  | <b>0:39:02</b> | 07:05        | 0:39:01    |
| 10.      | 53       | Kolberg Kamila           | Trzemeszno            |                     | 1980   | K30 | 3.      | K (5.)  | <b>0:39:14</b> | 07:08        | 0:39:14    |
| 11.      | 54       | NOWICKA LIDIA            | Trzemeszno            |                     | 1977   | K30 | 4.      | K (6.)  | <b>0:41:51</b> | 07:36        | 0:41:51    |
| 12.      | 68       | Barczykowski Marcin      | Mogilno               | Gmina Dąbrowa       | 1973   | M40 | 4.      | M (6.)  | <b>0:41:51</b> | 07:36        | 0:41:50    |
| 13.      | 90       | Mikołajewska Agnieszka   | Trzemeszno            |                     | 1970   | K40 | 3.      | K (7.)  | <b>0:45:58</b> | 08:21        | 0:45:57    |

Liczba zawodników: 123

