

# III Grand Prix Poznania - bieg długi

## Wyniki OPEN

| Msc open | Nazwisko imię          | Klub lub miasto                | Rok ur | Msc M/K | Kat    | Walentynkowy | Zającek | Świętojański | Mikołajkowy | Suma    |
|----------|------------------------|--------------------------------|--------|---------|--------|--------------|---------|--------------|-------------|---------|
| 1        | Molak Dawid            | (Poznań)                       | 1981   | 1.      | M30    | 0:39:18      | 0:40:45 | 0:38:33      |             | 1:58:35 |
| 2        | Przewoźny Piotr        | (Buk)                          | 1983   | 2.      | M30    | 0:39:34      | 0:41:29 | 0:38:41      |             | 1:59:42 |
| 3        | Wasiak Sławomir        | (Poznań)                       | 1990   | 3.      | M20    | 0:41:04      | 0:41:28 | 0:38:55      |             | 2:01:26 |
| 4        | Przybysz Maciej        | Brave Beavers                  | 2002   | 4.      | M16 1. | 0:40:54      | 0:40:20 | 0:40:25      |             | 2:01:37 |
| 5        | Imiołek Ariel          | Maratończyk Poznań             | 1981   | 5.      | M30 1. | 0:40:24      | 0:44:08 | 0:42:20      |             | 2:06:51 |
| 6        | Stawicki Adam          | Obornicki Klub Lekkoatletyczny | 1966   | 6.      | M50 1. | 0:41:48      | 0:43:57 | 0:42:22      |             | 2:08:05 |
| 7        | Mazur Robert           | (Mieścisko)                    | 1990   | 7.      | M20 1. | 0:42:07      | 0:47:15 | 0:41:29      |             | 2:10:50 |
| 8        | Stachowiak Marek       | Rokietnica Biega               | 1978   | 8.      | M40 1. | 0:43:18      | 0:44:16 | 0:43:33      |             | 2:11:06 |
| 9        | Skórnicki Leszek       | Night Runners                  | 1971   | 9.      | M40 2. | 0:44:40      | 0:44:26 | 0:42:55      |             | 2:12:00 |
| 10       | Król Darek             | HERNIK TEAM                    | 1967   | 10.     | M50 2. | 0:42:27      | 0:45:51 | 0:43:53      |             | 2:12:10 |
| 11       | Szymków Michał         | (Poznań)                       | 1986   | 11.     | M30 2. | 0:45:33      | 0:44:09 | 0:42:45      |             | 2:12:25 |
| 12       | Semik Łukasz           | Biegam Bo Lubię Głogów/Poznań  | 1991   | 12.     | M20 2. | 0:43:59      | 0:48:35 | 0:42:16      |             | 2:14:49 |
| 13       | Draber Piotr           | Biegacze Celebryci             | 1991   | 13.     | M20 3. | 0:48:03      | 0:45:09 | 0:42:11      |             | 2:15:23 |
| 14       | Torchala Sebastian     | J&ZTORCH                       | 1977   | 14.     | M40 3. | 0:46:37      | 0:47:45 | 0:44:32      |             | 2:18:53 |
| 15       | Wiśniewska Anna        | HERNIK TEAM                    | 1982   | 1.      | K30    | 0:45:51      | 0:48:57 | 0:44:09      |             | 2:18:57 |
| 16       | Knapik Tomasz          | ks krotosz krotoszyn           | 1984   | 15.     | M30 3. | 0:45:44      | 0:47:14 | 0:46:18      |             | 2:19:15 |
| 17       | Malcher Łukasz         | www.natilovesrunning.pl        | 1989   | 16.     | M30 4. | 0:46:02      | 0:48:48 | 0:45:33      |             | 2:20:23 |
| 18       | Geisler Marek          | (Poznań)                       | 1959   | 17.     | M60 1. | 0:46:37      | 0:48:20 | 0:46:15      |             | 2:21:10 |
| 19       | Nowak Mariusz          | Night Runners                  | 1988   | 18.     | M30 5. | 0:47:24      | 0:45:47 | 0:48:38      |             | 2:21:48 |
| 20       | Kownacki Paweł         | OBSTAWIAMY TYŁY TEAM           | 1984   | 19.     | M30 6. | 0:48:42      | 0:49:58 | 0:46:14      |             | 2:24:53 |
| 21       | Belter Sławomir        | TEAM RUN GOŁAŃCZ               | 1990   | 20.     | M20 4. | 0:45:02      | 0:55:03 | 0:45:27      |             | 2:25:31 |
| 22       | Filipiak Zbigniew      | (Środa Wielkopolska)           | 1969   | 21.     | M50 3. | 0:48:50      | 0:51:09 | 0:45:58      |             | 2:25:56 |
| 23       | Domań Leszek           | Fehlau Run Team                | 1975   | 22.     | M40 4. | 0:47:31      | 0:49:09 | 0:49:24      |             | 2:26:02 |
| 24       | Sobkowiak Bartosz      | Banita team                    | 1988   | 23.     | M30 7. | 0:48:33      | 0:50:47 | 0:47:37      |             | 2:26:56 |
| 25       | Zawadzki Waldek        | (Poznań)                       | 1977   | 24.     | M40 5. | 0:49:11      | 0:50:03 | 0:48:17      |             | 2:27:30 |
| 26       | Kołaczkowski Krzysztof | Gdzie ta meta                  | 1993   | 25.     | M20 5. | 0:48:40      | 0:52:49 | 0:46:04      |             | 2:27:32 |
| 27       | Pigła Michał           | SPORTOWY KAŻMIERZ              | 1981   | 26.     | M30 8. | 0:53:10      | 0:50:02 | 0:46:11      |             | 2:29:23 |
| 28       | Kasprowicz Marta       | Biegacze Celebryci             | 1991   | 2.      | K20    | 0:48:01      | 0:51:32 | 0:50:41      |             | 2:30:12 |
| 29       | Kaczmarek Damian       | (Poznań)                       | 1988   | 27.     | M30 9. | 0:53:53      | 0:48:06 | 0:48:50      |             | 2:30:48 |

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|----------|----------------------------|----------------------------|--------|---------|---------|--------------|---------|--------------|-------------|---------|
| 30       | GLISZCZYŃSKA KINGA         | (Luboń)                    | 1978   | 3.      | K40     | 0:52:24      | 0:52:07 | 0:46:20      |             | 2:30:51 |
| 31       | Grzywaczyk Artur           | #BIEGACZE / parkrun Poznań | 1964   | 28.     | M50 4.  | 0:54:33      | 0:49:48 | 0:46:37      |             | 2:30:57 |
| 32       | Haremza Kinga              | Night Runners              | 1973   | 4.      | K40 1.  | 0:49:31      | 0:52:33 | 0:49:08      |             | 2:31:12 |
| 33       | Chojniak Wiesław           | Parkrun Poznań             | 1973   | 29.     | M40 6.  | 0:50:58      | 0:50:39 | 0:49:38      |             | 2:31:14 |
| 34       | Wojciechowicz Bartosz      | (Poznań)                   | 1984   | 30.     | M30 10. | 0:51:35      | 0:50:44 | 0:49:42      |             | 2:32:00 |
| 35       | SOWA ROBERT                | (ZALASEWO)                 | 1979   | 31.     | M40 7.  | 0:53:03      | 0:51:47 | 0:47:55      |             | 2:32:44 |
| 36       | Porada Marek               | HERNIK TEAM                | 1963   | 32.     | M50 5.  | 0:50:42      | 0:52:13 | 0:50:08      |             | 2:33:01 |
| 37       | Konieczny Jacek            | (BIAŁOŚLIWIE)              | 1977   | 33.     | M40 8.  | 0:52:39      | 0:51:43 | 0:49:18      |             | 2:33:39 |
| 38       | Ratajczak Paweł            | (Lusowo)                   | 1985   | 34.     | M30 11. | 0:50:15      | 0:53:43 | 0:49:47      |             | 2:33:44 |
| 39       | Grodzka Ewa                | (Poznań)                   | 1982   | 5.      | K30 1.  | 0:50:10      | 0:52:34 | 0:51:57      |             | 2:34:40 |
| 40       | Czarnecki Rafał            | (Kostrzyn)                 | 1989   | 35.     | M30 12. | 1:00:22      | 0:48:47 | 0:45:33      |             | 2:34:41 |
| 41       | Bociańska Iwona            | (Poznań)                   | 1994   | 6.      | K20 1.  | 0:53:54      | 0:52:04 | 0:48:50      |             | 2:34:46 |
| 42       | Szopińska Agnieszka        | (Bydgoszcz)                | 1980   | 7.      | K30 2.  | 0:49:52      | 0:54:13 | 0:51:50      |             | 2:35:54 |
| 43       | Wolańska Aleksandra        | (Świebodzin)               | 1986   | 8.      | K30 3.  | 0:52:14      | 0:54:51 | 0:49:37      |             | 2:36:41 |
| 44       | Chraplewska Karolina       | Pro366                     | 1981   | 9.      | K30 4.  | 0:50:41      | 0:53:11 | 0:52:49      |             | 2:36:41 |
| 45       | Grochulski Przemysław      | (Wągrowiec)                | 1990   | 36.     | M20 6.  | 0:50:51      | 0:57:11 | 0:48:48      |             | 2:36:49 |
| 46       | Szeszuła Michał            | Night Runners              | 1975   | 37.     | M40 9.  | 0:55:24      | 0:52:25 | 0:49:11      |             | 2:37:00 |
| 47       | Nowaczyk Hanna             | (Poznań)                   | 1991   | 10.     | K20 2.  | 0:51:43      | 0:54:27 | 0:51:14      |             | 2:37:23 |
| 48       | Gradzik Mikołaj            | (Oborniki)                 | 1992   | 38.     | M20 7.  | 0:51:11      | 0:52:11 | 0:54:23      |             | 2:37:44 |
| 49       | Piechocki Marcin           | TEAM RUN GOŁAŃCZ           | 1989   | 39.     | M30 13. | 0:50:21      | 0:55:03 | 0:52:54      |             | 2:38:17 |
| 50       | Włoszyński Marek           | (Luboń)                    | 1972   | 40.     | M40 10. | 0:52:14      | 0:53:49 | 0:52:20      |             | 2:38:22 |
| 51       | Ludwiczak Anna             | (Miroslawki)               | 1988   | 11.     | K30 5.  | 0:50:24      | 0:55:49 | 0:53:22      |             | 2:39:33 |
| 52       | Zawadzki Klaudiusz         | Wiewiór Team               | 1975   | 41.     | M40 11. | 0:50:46      | 0:58:41 | 0:50:08      |             | 2:39:34 |
| 53       | Zemler Marzena             | (Miroslawki)               | 1979   | 12.     | K40 2.  | 0:52:37      | 0:55:48 | 0:51:36      |             | 2:40:01 |
| 54       | Bąk Krzysztof              | (Wronki)                   | 1971   | 42.     | M40 12. | 0:53:07      | 0:53:33 | 0:54:00      |             | 2:40:39 |
| 55       | Nogowska Joanna            | (Piła)                     | 1986   | 13.     | K30 6.  | 0:53:42      | 0:53:04 | 0:54:00      |             | 2:40:45 |
| 56       | Kucharczyk Beata           | 3:33 TEAM                  | 1989   | 14.     | K30 7.  | 0:53:36      | 0:55:42 | 0:51:58      |             | 2:41:14 |
| 57       | Dudziński Damian           | (Poznań)                   | 1976   | 43.     | M40 13. | 0:53:25      | 0:55:56 | 0:52:36      |             | 2:41:56 |
| 58       | Cieślewicz-Galas Katarzyna | (Poznań)                   | 1979   | 15.     | K40 3.  | 0:54:44      | 0:56:37 | 0:53:21      |             | 2:44:40 |
| 59       | Piechota Michał            | (POZNAN)                   | 1983   | 44.     | M30 14. | 0:54:55      | 0:57:04 | 0:52:45      |             | 2:44:42 |
| 60       | Makowski Mariusz           | (Kalisz)                   | 1982   | 45.     | M30 15. | 0:56:04      | 0:56:32 | 0:52:30      |             | 2:45:05 |
| 61       | Kwiatkowska Zuzanna        | Ciastki.pz / i-Sport       | 1993   | 16.     | K20 3.  | 0:55:35      | 0:56:22 | 0:53:38      |             | 2:45:34 |
| 62       | Borowiec Kinga             | (Daszewice)                | 1982   | 17.     | K30 8.  | 1:02:49      | 0:53:55 | 0:49:29      |             | 2:46:11 |



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|----------|-------------------------------|--|--------|---------|---------|--------------|---------|--------------|-------------|---------|
| 63       | Łączyński Tomasz              | Szamotoły KKS                            | 1983   | 46.     | M30 16. | 0:56:18      | 0:57:02 | 0:53:15      |             | 2:46:34 |
| 64       | Adamowski Tomasz              | (Wągrowiec)                              | 1982   | 47.     | M30 17. | 0:55:42      | 0:57:45 | 0:54:24      |             | 2:47:49 |
| 65       | Duda Jadwiga                  | (Szamotoły)                              | 1957   | 18.     | K60 1.  | 0:57:21      | 0:57:54 | 0:54:10      |             | 2:49:23 |
| 66       | KASPRZAK ERYK                 | Rozbiegajmy Witnicę                      | 1976   | 48.     | M40 14. | 0:56:12      | 0:55:52 | 0:57:35      |             | 2:49:38 |
| 67       | Pigła Maja                    | (Tarnowo Podgórne)                       | 1982   | 19.     | K30 9.  | 0:53:10      | 0:59:28 | 0:57:26      |             | 2:50:03 |
| 68       | Filut Tomasz                  | (Poznań)                                 | 1978   | 49.     | M40 15. | 0:59:54      | 0:59:42 | 0:51:23      |             | 2:50:58 |
| 69       | Tabaka Hubert                 | (Kostrzyn wlkp)                          | 1984   | 50.     | M30 18. | 0:56:50      | 0:56:38 | 0:57:53      |             | 2:51:20 |
| 70       | Kamiński Jarosław             | (Poznań)                                 | 1969   | 51.     | M50 6.  | 0:56:07      | 1:00:07 | 0:55:10      |             | 2:51:22 |
| 71       | Doberschutz Przemek           | Ludzie Borowe                            | 1968   | 52.     | M50 7.  | 0:57:56      | 0:59:19 | 0:55:11      |             | 2:52:25 |
| 72       | KASPRZAK JOANNA               | Rozbiegajmy Witnicę                      | 1980   | 20.     | K30 10. | 0:56:10      | 1:01:28 | 0:55:54      |             | 2:53:30 |
| 73       | Egler Michał                  | Maratoczyk Poznań                        | 1965   | 53.     | M50 8.  | 0:58:13      | 1:00:57 | 0:54:35      |             | 2:53:44 |
| 74       | Schulz Radek                  | 3:33 TEAM                                | 1971   | 54.     | M40 16. | 0:58:37      | 1:02:34 | 0:52:57      |             | 2:54:07 |
| 75       | Szymendera Maciej             | Ludzie Borowe                            | 1978   | 55.     | M40 17. | 0:59:21      | 0:58:44 | 0:56:20      |             | 2:54:24 |
| 76       | Skrzypczak Natalia            | .  | 1992   | 21.     | K20 4.  | 0:53:48      | 1:03:38 | 0:57:03      |             | 2:54:27 |
| 77       | Dolata Wojtek                 | Byle do lata                             | 1982   | 56.     | M30 19. | 0:55:42      | 1:03:30 | 0:56:05      |             | 2:55:16 |
| 78       | Zwolińska Agnieszka           | Poznań                                   | 1982   | 22.     | K30 11. | 0:55:51      | 1:00:19 | 0:59:53      |             | 2:56:02 |
| 79       | Waliszak Mariola              | (Skrzynki)                               | 1967   | 23.     | K50 1.  | 0:55:55      | 1:02:46 | 0:58:27      |             | 2:57:08 |
| 80       | Tyszkiewicz Małgosia          | Lill Sport                               | 1981   | 24.     | K30 12. | 0:59:04      | 1:02:47 | 0:55:34      |             | 2:57:24 |
| 81       | Oporowski Sebastian           | (Środa Wlkp.)                            | 1973   | 57.     | M40 18. | 1:01:14      | 0:59:57 | 0:56:22      |             | 2:57:32 |
| 82       | Schulz Beata                  | 3:33 TEAM                                | 1969   | 25.     | K50 2.  | 0:58:36      | 1:02:34 | 0:57:43      |             | 2:58:53 |
| 83       | Pol Piotr                     | TEAM RUN GOŁAŃCZ                         | 1983   | 58.     | M30 20. | 1:01:31      | 1:02:11 | 0:56:08      |             | 2:59:49 |
| 84       | Czarnecka Agnieszka           | (Kostrzyn)                               | 1989   | 26.     | K30 13. | 1:00:22      | 1:03:49 | 0:56:44      |             | 3:00:54 |
| 85       | Stachowiak Agnieszka          | (Swarzędz)                               | 1975   | 27.     | K40 4.  | 0:59:43      | 1:00:37 | 1:00:40      |             | 3:00:59 |
| 86       | Południak Przemysław          | SUNDOM NIERUCHOMOŚCI KRZYSZTOF POŁUDNIAK | 1995   | 59.     | M20 8.  | 1:02:47      | 1:02:55 | 0:56:37      |             | 3:02:18 |
| 87       | Gucka Anna                    | (Chyby)                                  | 1982   | 28.     | K30 14. | 0:58:07      | 1:06:52 | 0:58:22      |             | 3:03:20 |
| 88       | Elias Katarzyna               | (Poznań)                                 | 1965   | 29.     | K50 3.  | 1:01:04      | 1:02:01 | 1:00:41      |             | 3:03:45 |
| 89       | Woga Dawid                    | # DRUŻYNA SZPIKU                         | 1991   | 60.     | M20 9.  | 1:00:47      | 1:03:11 | 0:59:49      |             | 3:03:46 |
| 90       | Mikołajczak Roman             | (Czempiń)                                | 1967   | 61.     | M50 9.  | 1:03:23      | 1:01:04 | 1:00:17      |             | 3:04:42 |
| 91       | Czekatowski Łukasz            | (Rokietnica)                             | 1982   | 62.     | M30 21. | 0:59:30      | 1:04:02 | 1:01:12      |             | 3:04:43 |
| 92       | Południak Elżbieta            | SUNDOM NIERUCHOMOŚCI KRZYSZTOF POŁUDNIAK | 1964   | 30.     | K50 4.  | 1:02:48      | 1:02:55 | 0:59:05      |             | 3:04:47 |
| 93       | Steczko Łukasz                | (Poznań)                                 | 1990   | 63.     | M20 10. | 1:02:55      | 1:05:31 | 0:58:09      |             | 3:06:35 |
| 94       | Przybylska Kaczmarek Wioletta | Wioletta Przybylska - Kaczmarek          | 1981   | 31.     | K30 15. | 1:00:06      | 1:03:30 | 1:03:11      |             | 3:06:46 |
| 95       | Rydzewska Marta               | Ohana                                    | 1986   | 32.     | K30 16. | 1:02:37      | 1:05:48 | 1:00:42      |             | 3:09:06 |



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|----------|----------------------|-------------------------------|--------|---------|---------|--------------|----------|--------------|-------------|---------|
| 96       | Trojnar Karolina     | Banda Łysego                  | 1990   | 33.     | K20 5.  | 1:01:42      | 1:06:39  | 1:01:11      |             | 3:09:31 |
| 97       | Waśko Krzysztof      | (Bugaj)                       | 1989   | 64.     | M30 22. | 1:04:07      | 1:04:19  | 1:01:36      |             | 3:10:02 |
| 98       | Mozal Maciej         | Banda Łysego                  | 1990   | 65.     | M20 11. | 1:01:15      | 1:06:09  | 1:03:15      |             | 3:10:39 |
| 99       | Magdziarek Bogumiła  | (Kaźmierz)                    | 1970   | 34.     | K40 5.  | 1:01:12      | 1:07:31  | 1:02:33      |             | 3:11:15 |
| 100      | Malecka Katarzyna    | (Poznań)                      | 1992   | 35.     | K20 6.  | 1:02:56      | 1:11:41  | 0:58:11      |             | 3:12:46 |
| 101      | Mańczak Magdalena    | (Poznan)                      | 1979   | 36.     | K40 6.  | 1:03:37      | 1:07:46  | 1:01:41      |             | 3:13:03 |
| 102      | Karlak Małgorzata    | (Śrem)                        | 1974   | 37.     | K40 7.  | 1:03:31      | 1:06:28  | 1:03:30      |             | 3:13:28 |
| 103      | Borys Pamcia         | (Poznań)                      | 1994   | 38.     | K20 7.  | 1:02:36      | 1:06:59  | 1:05:33      |             | 3:15:07 |
| 104      | Tomkowiak Sławomir   | 3:33 TEAM                     | 1978   | 66.     | M40 19. | 1:12:22      | 1:04:36  | 0:58:20      |             | 3:15:17 |
| 105      | Kąkolewska Elżbieta  | 1973                          | 1973   | 39.     | K40 8.  | 1:04:33      | 1:08:44  | 1:02:05      |             | 3:15:20 |
| 106      | Trojnar Krzysiu      | Banda Łysego                  | 1959   | 67.     | M60 2.  | 1:03:56      | 1:09:00  | 1:03:16      |             | 3:16:11 |
| 107      | Duda Paula           | (Poznan)                      | 1988   | 40.     | K30 17. | 1:03:49      | 1:09:07  | 1:03:46      |             | 3:16:42 |
| 108      | Owczarkowski Maciej  | (Poznan)                      | 1962   | 68.     | M50 10. | 1:03:50      | 1:09:07  | 1:03:46      |             | 3:16:43 |
| 109      | DON ROBERT           | KLASSZPOT/WSZYSTKO O BIEGANIU | 1974   | 69.     | M40 20. | 1:10:59      | 1:06:01  | 1:00:40      |             | 3:17:39 |
| 110      | MICHALCZYK KATARZYNA | SKB Dzik                      | 1982   | 41.     | K30 18. | 1:05:02      | 1:08:44  | 1:04:21      |             | 3:18:06 |
| 111      | Rydzewska Ela        | Ohana                         | 1980   | 42.     | K30 19. | 1:05:15      | 1:11:35  | 1:02:24      |             | 3:19:13 |
| 112      | Bartoszewska Joanna  | (Spytkowki)                   | 1981   | 43.     | K30 20. | 1:05:49      | 1:09:09  | 1:05:00      |             | 3:19:58 |
| 113      | Borda Agnieszka      | 1982                          | 1982   | 44.     | K30 21. | 1:08:58      | 1:06:03  | 1:05:24      |             | 3:20:23 |
| 114      | Szymańska Roksana    | (Poznań)                      | 1978   | 45.     | K40 9.  | 0:55:53      | 1:17:11  | 1:12:29      |             | 3:25:31 |
| 115      | Ruszyk Dennis        | (Rokietnica)                  | 1993   | 70.     | M20 12. | 1:04:45      | 1:11:02  | 1:10:21      |             | 3:26:06 |
| 116      | Prokop Marietta      | SUCHY LAS                     | 1973   | 46.     | K40 10. | 1:10:58      | 1:15:56  | 1:05:52      |             | 3:32:45 |
| 117      | Stopka Michalina     | (Góra)                        | 1988   | 47.     | K30 22. | 1:07:41      | 1:17:08  | 1:08:06      |             | 3:32:55 |
| 118      | Tomkowiak Aleksandra | 3:33 TEAM                     | 1975   | 48.     | K40 11. | 1:12:20      | 1:16:47  | 1:07:00      |             | 3:36:05 |
| 119      | Wasył-Górska Anna    | MY SWEET EVENT                | 1987   | 49.     | K30 23. | 1:15:18      | 1:12:03  | 1:12:38      |             | 3:39:57 |
| 120      | Majchrzak Wojciech   | (Jarocin)                     | 1986   | 71.     | M30 23. | 1:16:46      | 1:18:27  | 1:14:40      |             | 3:49:51 |
| 121      | Dolna Małgorzata     | (Koźmin Wlkp)                 | 1992   | 50.     | K20 8.  | 1:16:46      | 1:18:26  | 1:14:56      |             | 3:50:07 |
| 122      | Orłowski Marcin      | #BIEGCZE/Dąbrowski Team       | 1982   |         | M30     | 0:37:39      | 0:40:17  |              |             |         |
| 123      | Szymczak Marek       | (Brzeźno)                     | 2000   |         | M16     |              | 0:42:35  | 0:39:18      |             |         |
| 124      | Musiał Łukasz        | Runners Słońsk                | 1999   |         | M20     | 0:43:14      |          | 0:41:17      |             |         |
| 125      | Święcicki Arkadiusz  | Winter Swimming Team Poland   | 1978   |         | M40     |              | 0:42:56  | 0:42:45      |             |         |
| 126      | Kijak Agnieszka      | Parkrun Poznań                | 1987   |         | K30     | 0:44:04      |          | 0:42:49      |             |         |
| 127      | Di Marino Massimo    | (Poznań)                      | 1973   |         | M40     | 0:45:39      |          | 0:43:23      |             |         |
| 128      | Napierała Marcin     | Piątkowo na Biegowo           | 1980   |         | M30     | 0:42:24      | 0:47:16  |              |             |         |



| Msc open | Nazwisko imię             | Klub lub miasto                    | Rok ur | Msc M/K | Kat | Walentynkowy | Zajęzcek | Świętojański | Mikołajkowy | Suma |
|----------|---------------------------|------------------------------------|--------|---------|-----|--------------|----------|--------------|-------------|------|
| 129      | Kulwicki Waldek           | Kocham Darie                       | 1984   |         | M30 |              | 0:46:13  | 0:44:26      |             |      |
| 130      | Gzyl Maciej               | (Szamotuły)                        | 1979   |         | M40 |              | 0:49:02  | 0:44:06      |             |      |
| 131      | Krukowski Jakub           | (Poznań)                           | 1986   |         | M30 | 0:44:57      |          | 0:48:58      |             |      |
| 132      | Cieniuch Piotr            | (Poznań)                           | 1982   |         | M30 | 0:54:16      |          | 0:41:16      |             |      |
| 133      | Brzeziński Grzegorz       | (Pszczew)                          | 1986   |         | M30 | 0:46:32      | 0:49:43  |              |             |      |
| 134      | Śmidowicz Sławomir        | Night Runners Września             | 1984   |         | M30 | 0:47:01      | 0:49:30  |              |             |      |
| 135      | Dworski Tomasz            | Spejs Club Żagań                   | 1980   |         | M30 | 0:48:29      | 0:48:36  |              |             |      |
| 136      | Krygowski Maciej          | Cybina Team                        | 1971   |         | M40 |              | 0:51:44  | 0:45:58      |             |      |
| 137      | Kotlinski Tomasz          | (Obrzycko)                         | 1968   |         | M50 | 0:50:26      |          | 0:49:32      |             |      |
| 138      | Krukowski Joachim         | FTI Racing Team                    | 1970   |         | M40 | 0:48:54      | 0:51:30  |              |             |      |
| 139      | Ratajczak Rajmund         | (Poznań)                           | 1962   |         | M50 | 0:51:35      | 0:50:13  |              |             |      |
| 140      | Kwieciński Piotr          | Luboń                              | 1982   |         | M30 | 0:52:05      | 0:50:10  |              |             |      |
| 141      | Wildaczyk Cezary          | WRONKI                             | 1982   |         | M30 | 0:50:31      | 0:52:01  |              |             |      |
| 142      | Kosiorek Darek            | (Poznań)                           | 1967   |         | M50 |              | 0:52:03  | 0:50:53      |             |      |
| 143      | Grabny Szymon             | (Śrem)                             | 1994   |         | M20 |              | 0:55:23  | 0:47:47      |             |      |
| 144      | Kurek Tomasz              | (Opalenica)                        | 1977   |         | M40 | 0:51:23      | 0:52:10  |              |             |      |
| 145      | Gumula Paulina            | Branżowa Szkoła I st. nr 42 Poznań | 1983   |         | K30 |              | 0:54:35  | 0:49:49      |             |      |
| 146      | Ciastowski Jarosław       | CIACHA I CZAPY                     | 1959   |         | M60 | 0:52:17      |          | 0:52:24      |             |      |
| 147      | Wrąbel Tomek              | (Poznań)                           | 1978   |         | M40 | 0:53:37      |          | 0:51:13      |             |      |
| 148      | Deigsler Przemysław       | (Poznań)                           | 1974   |         | M40 |              | 0:53:43  | 0:51:57      |             |      |
| 149      | Gucki Adam                | Maratończyk Poznań                 | 1981   |         | M30 | 0:58:08      |          | 0:47:37      |             |      |
| 150      | Walczak Łukasz            | (Lusowo)                           | 1983   |         | M30 | 0:54:44      |          | 0:51:12      |             |      |
| 151      | Pietrzak Dawid            | (Golina)                           | 1991   |         | M20 |              | 0:55:25  | 0:50:57      |             |      |
| 152      | Tomkowiak Waldemar        | (Biskupice Wlkp)                   | 1995   |         | M20 |              | 0:49:40  | 0:57:08      |             |      |
| 153      | PIWECKI MACIEJ            | SOSquash                           | 1976   |         | M40 | 0:52:59      | 0:53:49  |              |             |      |
| 154      | Wielechowski Marcin       | (Złotniki)                         | 1989   |         | M30 |              | 0:55:16  | 0:51:51      |             |      |
| 155      | Dahlke Bartosz            | (Poznań)                           | 1984   |         | M30 | 0:55:54      |          | 0:51:30      |             |      |
| 156      | Lohr Łukasz               | (Poznań)                           | 1984   |         | M30 |              | 0:57:15  | 0:50:45      |             |      |
| 157      | Muchajer Dawid            | CSWLąd POZNAŃ                      | 1978   |         | M40 | 0:59:56      | 0:48:13  |              |             |      |
| 158      | Górski Grzegorz           | MY SWEET EVENT                     | 1976   |         | M40 | 0:49:24      | 0:59:19  |              |             |      |
| 159      | Biedalak Krzysztof        | (Swarzędz)                         | 1984   |         | M30 |              | 0:54:14  | 0:55:27      |             |      |
| 160      | Szczudło Skorupska Emilia | (Dachowa)                          | 1992   |         | K20 |              | 0:56:02  | 0:54:12      |             |      |
| 161      | Sobkowiak Maciej          | anonimowi biegacze                 | 1980   |         | M30 |              | 0:52:19  | 0:58:04      |             |      |



| Msc open | Nazwisko imię          | Klub lub miasto        | Rok ur | Msc M/K | Kat | Walentynkowy | Zajązek | Świętojański | Mikołajkowy | Suma |
|----------|------------------------|------------------------|--------|---------|-----|--------------|---------|--------------|-------------|------|
| 162      | Wurst Patryk           | Turbo Dżej Dżej        | 1989   |         | M30 | 0:55:51      |         | 0:54:43      |             |      |
| 163      | Andrzejak Rafał        | Brama W Biegu          | 1970   |         | M40 | 0:55:49      |         | 0:55:05      |             |      |
| 164      | Koniec Krzysztof       | tkkf wodnik wiecibork  | 1970   |         | M40 | 0:55:37      | 0:55:39 |              |             |      |
| 165      | Chmiel Mariusz         | Wybiegani Bądzów       | 1971   |         | M40 |              | 0:56:56 | 0:54:22      |             |      |
| 166      | Solecki Wojciech       | #Wkurw_Team            | 1984   |         | M30 |              | 0:58:31 | 0:53:32      |             |      |
| 167      | Durnik Krzysztof       | (Poznań)               | 1990   |         | M20 |              | 0:57:23 | 0:55:19      |             |      |
| 168      | Galas Agata            | Grażynki OCR           | 1983   |         | K30 |              | 1:00:25 | 0:52:50      |             |      |
| 169      | Tetzlaw-Dering Marta   | (Słubice)              | 1984   |         | K30 | 0:54:46      | 0:58:31 |              |             |      |
| 170      | Musiał Anna            | Runners Słońsk         | 1974   |         | K40 | 0:56:10      |         | 0:57:14      |             |      |
| 171      | Gorączka Wojciech      | (Lubniewice)           | 2002   |         | M16 | 1:00:51      |         | 0:53:16      |             |      |
| 172      | Grzegorzewska Madzia   | (Szamotuły)            | 1983   |         | K30 |              | 1:01:12 | 0:53:06      |             |      |
| 173      | Woga Andrzej           | KB DęBIEC              | 1965   |         | M50 |              | 0:58:23 | 0:56:04      |             |      |
| 174      | Pol Agata              | Team Run Golancz       | 1992   |         | K20 |              | 0:58:20 | 0:56:10      |             |      |
| 175      | Gęsikiewicz Darek      | (Poznań)               | 1984   |         | M30 |              | 0:56:39 | 0:57:56      |             |      |
| 176      | Pruchniewska Agnieszka | Rokietnica Biega       | 1978   |         | K40 | 0:59:57      |         | 0:54:45      |             |      |
| 177      | Andrzejak Bogumiła     | Ruukki                 | 1969   |         | K50 | 0:55:49      |         | 0:58:55      |             |      |
| 178      | Klapiński Arkadiusz    | Rokietnica Biega       | 1978   |         | M40 |              | 0:59:19 | 0:55:41      |             |      |
| 179      | Bilski Hubert          | Urban Exploration PL   | 1989   |         | M30 |              | 0:58:13 | 0:56:55      |             |      |
| 180      | Węclik Klaudia         | (Wiry)                 | 1990   |         | K20 | 0:58:05      | 0:57:27 |              |             |      |
| 181      | Grębicka Marta         | Poznań                 | 1991   |         | K20 |              | 1:00:53 | 0:56:17      |             |      |
| 182      | Piskorski Bartek       | (Poznań)               | 2000   |         | M16 | 1:01:39      |         | 0:55:33      |             |      |
| 183      | Czerwiński Bartłomiej  | (Oborniki)             | 1980   |         | M30 | 0:59:57      | 0:57:14 |              |             |      |
| 184      | Kostrzyńska Jolanta    | (Poznań)               | 1969   |         | K50 | 0:58:22      | 0:59:25 |              |             |      |
| 185      | Kozłowska Malwina      | Dirty Sparrows         | 1995   |         | K20 | 0:56:04      | 1:01:56 |              |             |      |
| 186      | Milarski Marcin        | (Witkowo)              | 1977   |         | M40 | 1:05:44      |         | 0:52:48      |             |      |
| 187      | Gawęcka Anna           | Bukowski Klub Biegacza | 1985   |         | K30 | 0:59:52      | 0:58:40 |              |             |      |
| 188      | Steczkiwicz Mariusz    | Maestro                | 1979   |         | M40 | 1:03:31      |         | 0:56:20      |             |      |
| 189      | Sommer Michał          | (Szreniawa)            | 1989   |         | M30 |              | 1:02:56 | 0:57:12      |             |      |
| 190      | Szybiak Sebastian      | (Poznań)               | 1990   |         | M20 |              | 1:03:50 | 0:56:19      |             |      |
| 191      | Godlewski Tomasz       | Słynni Kenijczycy      | 1980   |         | M30 |              | 1:03:59 | 0:56:39      |             |      |
| 192      | Wawrzyniak Łukasz      | Drużyna W!             | 1988   |         | M30 | 1:00:53      | 0:59:51 |              |             |      |
| 193      | Stańczyk Józef         | (Dachowa)              | 1956   |         | M60 |              | 1:03:05 | 0:58:35      |             |      |
| 194      | Kwiatek Dawid          | (Poznań)               | 1979   |         | M40 | 1:02:46      |         | 0:58:57      |             |      |



| Msc open | Nazwisko imię          | Klub lub miasto        | Rok ur | Msc M/K | Kat | Walentynkowy | Zającek | Świętojański | Mikołajkowy | Suma |
|----------|------------------------|------------------------|--------|---------|-----|--------------|---------|--------------|-------------|------|
| 195      | Krysztofiak Agnieszka  | (Cielimowo)            | 1987   |         | K30 | 0:58:19      | 1:03:44 |              |             |      |
| 196      | Buchwald Magdalena     | (Gniezno)              | 1987   |         | K30 | 0:58:19      | 1:03:44 |              |             |      |
| 197      | Nowak Michał           | (Poznań)               | 1988   |         | M30 | 0:59:48      | 1:02:47 |              |             |      |
| 198      | Łowiński Łukasz        | Inteligentnafarma.pl   | 1981   |         | M30 |              | 1:03:28 | 0:59:17      |             |      |
| 199      | Śron Gabriela          | (Złotniki)             | 1983   |         | K30 | 1:01:12      | 1:02:44 |              |             |      |
| 200      | Fornal Patryk          | (Dachowa)              | 1983   |         | M30 |              | 0:58:34 | 1:05:25      |             |      |
| 201      | Kukurenda Natalia      | (Dachowa)              | 1976   |         | K40 |              | 1:05:16 | 0:58:47      |             |      |
| 202      | Raźniak Krzysztof      | (Bachorzew)            | 1990   |         | M20 | 1:03:03      | 1:01:11 |              |             |      |
| 203      | Piątek Kamila          | (Dąbrówka)             | 1989   |         | K30 |              | 1:06:31 | 0:58:17      |             |      |
| 204      | Walczak Robert         | CBN TRI TEAM           | 1980   |         | M30 | 1:02:35      |         | 1:02:16      |             |      |
| 205      | Rozynek Małgorzata     | Night Runners          | 1978   |         | K40 | 1:02:36      |         | 1:02:16      |             |      |
| 206      | Andrzejczak Maciej     | (Szczecin)             | 1963   |         | M50 |              | 1:05:14 | 1:00:06      |             |      |
| 207      | Piętka Daria           | (Poznań)               | 1987   |         | K30 |              | 1:06:04 | 0:59:49      |             |      |
| 208      | brzostowicz ewelina    | (Duszniki)             | 1991   |         | K20 |              | 1:06:40 | 0:59:39      |             |      |
| 209      | Trojnar Jarosław       | Banda Łysego           | 1989   |         | M30 | 1:01:41      | 1:04:39 |              |             |      |
| 210      | Kaczmarek Joanna       | (Poznań)               | 1986   |         | K30 |              | 1:06:44 | 0:59:36      |             |      |
| 211      | Kuźniak Justyna        | (Szamotuły)            | 1976   |         | K40 | 1:03:27      |         | 1:03:11      |             |      |
| 212      | Tomaszewski Mateusz    | (Poznań)               | 1979   |         | M40 |              | 1:09:19 | 0:57:21      |             |      |
| 213      | Marciniak Monika       | (Puszczykowo)          | 1992   |         | K20 | 1:02:22      | 1:04:21 |              |             |      |
| 214      | Dzięcielska Agnieszka  | (Poznań)               | 1976   |         | K40 | 1:03:16      | 1:03:48 |              |             |      |
| 215      | LIPCZYŃSKI JACEK       | (Koziegłowy)           | 1978   |         | M40 | 1:07:18      |         | 0:59:55      |             |      |
| 216      | Kubiak Henryka         | 1973                   | 1973   |         | K40 |              | 1:07:31 | 1:00:22      |             |      |
| 217      | Stachowiak Magdalena   | (Wronki)               | 1994   |         | K20 |              | 1:10:46 | 0:57:16      |             |      |
| 218      | KACA JAROSŁAW          | SKB Dzik               | 1990   |         | M20 | 1:05:00      |         | 1:04:20      |             |      |
| 219      | Komorowska Kinga       | Auto-Gaz Manieczki     | 1987   |         | K30 | 0:57:43      | 1:12:19 |              |             |      |
| 220      | Klimaszyk Leszek       | Ferrod Computer        | 1962   |         | M50 |              | 1:06:33 | 1:04:08      |             |      |
| 221      | Siwczak Monika         | (Przeclaw)             | 1985   |         | K30 | 1:03:25      | 1:08:25 |              |             |      |
| 222      | Nizielski Bartosz      | (Poznań)               | 1985   |         | M30 |              | 1:06:59 | 1:05:25      |             |      |
| 223      | Kąkolewska Iga         | 1996                   | 1996   |         | K20 | 1:04:36      | 1:08:44 |              |             |      |
| 224      | Mikusek Marzena        | (Nowy Dwór Mazowiecki) | 1994   |         | K20 | 1:04:44      | 1:09:42 |              |             |      |
| 225      | Ogrodnik Adrianna      | (Poznań)               | 1991   |         | K20 |              | 1:12:02 | 1:04:06      |             |      |
| 226      | Marczyńska Marta Łucja | Urząd Miasta Luboń     | 1988   |         | K30 |              | 1:12:19 | 1:04:11      |             |      |
| 227      | Brzostowicz Paweł      | (Duszniki)             | 1988   |         | M30 |              | 1:10:09 | 1:07:05      |             |      |





| Msc open | Nazwisko imię         | Klub lub miasto                              | Rok ur | Msc M/K | Kat | Walentynkowy | Zajązek | Świętojański | Mikołajkowy | Suma |
|----------|-----------------------|--|--------|---------|-----|--------------|---------|--------------|-------------|------|
| 228      | Muras Kinga           | (Chomęcice)                                  | 1979   |         | K40 | 1:07:53      | 1:13:34 |              |             |      |
| 229      | Cieniuch Marta        | (Poznań)                                     | 1983   |         | K30 | 1:18:10      |         | 1:03:29      |             |      |
| 230      | Gut Sylwia            | (Zalasewo)                                   | 1989   |         | K30 |              | 1:12:40 | 1:10:39      |             |      |
| 231      | Narożna Paulina       | (Kobylnica)                                  | 1990   |         | K20 |              | 1:12:41 | 1:10:39      |             |      |
| 232      | Andruszczak Krzysztof | Pepa biega                                   | 1988   |         | M30 | 1:13:34      | 1:15:12 |              |             |      |
| 233      | Widomska Gochaa       | Pepa biega                                   | 1988   |         | K30 | 1:13:36      | 1:15:13 |              |             |      |
| 234      | Mwangi Mburu Dennis   | RUNPOLAND.org LEGEND TEAM                    | 1999   |         | M20 |              | 0:32:13 |              |             |      |
| 235      | Kazikowski Karol      | ASICS FrontRunner Poland / Wybiegać marzenia | 1988   |         | M30 | 0:34:30      |         |              |             |      |
| 236      | Jańczak Filip         | Polonia Środa                                | 1989   |         | M30 |              | 0:36:41 |              |             |      |
| 237      | Rogowski Paweł        | (Poznań)                                     | 1994   |         | M20 |              | 0:37:02 |              |             |      |
| 238      | Galicki Robert        | KrisTrans Małyszka /Maratończyk Poznań       | 1972   |         | M40 |              |         | 0:37:23      |             |      |
| 239      | Mikołajczak Arkadiusz | (Jarocin)                                    | 1990   |         | M20 |              |         | 0:39:18      |             |      |
| 240      | Smużny Łukasz         | Predators Wałbrzych                          | 2002   |         | M16 |              |         | 0:40:11      |             |      |
| 241      | Dąbrowski Bartosz     | (Wałcz)                                      | 1983   |         | M30 |              | 0:40:13 |              |             |      |
| 242      | Gruszecki Piotr       | Polychem Systems                             | 1986   |         | M30 | 0:41:02      |         |              |             |      |
| 243      | Lutomska Dorota       | Destylacje Polskie                           | 1982   |         | K30 | 0:41:39      |         |              |             |      |
| 244      | Stepak Włodzimierz    | KB Aktywni Konin                             | 1969   |         | M50 |              |         | 0:42:16      |             |      |
| 245      | Piwoński Radosław     | (Poznań)                                     | 1988   |         | M30 |              |         | 0:42:30      |             |      |
| 246      | Zydorczak Iwona       | (Poznań)                                     | 1984   |         | K30 |              |         | 0:42:51      |             |      |
| 247      | Bahn Patrick          | (Bernburg)                                   | 1987   |         | M30 |              | 0:42:52 |              |             |      |
| 248      | Mendyka Łukasz        | KB Aktywni Środa Wlkp.                       | 1986   |         | M30 |              | 0:43:12 |              |             |      |
| 249      | Kukuła Waldemar       | Stah&Ala Team                                | 1980   |         | M30 |              |         | 0:43:18      |             |      |
| 250      | Jankowski Paweł       | RUN-POLE                                     | 1973   |         | M40 |              | 0:43:19 |              |             |      |
| 251      | Sarnowski Janusz      | Lill-Sport                                   | 1969   |         | M50 | 0:43:20      |         |              |             |      |
| 252      | Szczepaniak Michał    | MUAY RUNNING TEAM                            | 1988   |         | M30 |              | 0:43:22 |              |             |      |
| 253      | Przewoźny Artur       | (Międzychód)                                 | 2000   |         | M16 |              | 0:43:53 |              |             |      |
| 254      | Jakubowski Patryk     | (OPALENICA)                                  | 1980   |         | M30 |              | 0:43:54 |              |             |      |
| 255      | Majek Piotr           | parkrun Dąbrówka                             | 1992   |         | M20 | 0:44:03      |         |              |             |      |
| 256      | Grzemeski Marcin      | Wroniecki Klub Biegacza                      | 1989   |         | M30 |              | 0:44:10 |              |             |      |
| 257      | JANCZYSZYN JAKUB      | (POZNAŃ)                                     | 1999   |         | M20 |              |         | 0:44:18      |             |      |
| 258      | Czub Paweł            | Dzikie Koty                                  | 1996   |         | M20 |              |         | 0:44:21      |             |      |
| 259      | Kozłowski Krzysztof   | (Stargard)                                   | 1982   |         | M30 | 0:44:21      |         |              |             |      |
| 260      | Rozmiarok Łukasz      | WKS Gryżyna Runner                           | 1992   |         | M20 | 0:45:15      |         |              |             |      |





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|----------|------------------------|--|--------|---------|-----|--------------|----------|--------------|-------------|------|
| 261      | Zienkiewicz Rafał      | Biegający Tczew                                      | 1988   |         | M30 |              | 0:45:23  |              |             |      |
| 262      | Świtala Krzysztof      | 1976   | 1976   |         | M40 | 0:45:26      |          |              |             |      |
| 263      | Kulik Iwona            | 1992   | 1992   |         | K20 |              |          | 0:45:31      |             |      |
| 264      | Kondera Zbigniew       | (Piła)   | 1975   |         | M40 |              |          | 0:45:34      |             |      |
| 265      | Hurko-Romeyko Michał   | (Poznań)   | 1989   |         | M30 | 0:45:37      |          |              |             |      |
| 266      | Pasternak Mirosław     | (Kraków)   | 1978   |         | M40 |              |          | 0:45:44      |             |      |
| 267      | Osiewicz Przemysław    | (Swarzędz)   | 1979   |         | M40 |              | 0:45:45  |              |             |      |
| 268      | Humbla Zbigniew        | (Poznań)   | 1983   |         | M30 | 0:45:48      |          |              |             |      |
| 269      | Lewicki Michał         | (Poznań)   | 1984   |         | M30 |              |          | 0:45:49      |             |      |
| 270      | Urbaniak Adam          | (Kalisz)   | 1989   |         | M30 |              |          | 0:45:51      |             |      |
| 271      | Nawrot Radek           | Tarnowo Podgórne Biega                               | 1982   |         | M30 |              |          | 0:45:52      |             |      |
| 272      | Bacik Marcin           | www.aplanet.pl                                       | 1978   |         | M40 |              | 0:45:56  |              |             |      |
| 273      | Marcinowski Krzysztof  | RUN4FUN  | 1977   |         | M40 | 0:46:00      |          |              |             |      |
| 274      | Jaskulski Dominik      | RTE  | 1983   |         | M30 |              | 0:46:13  |              |             |      |
| 275      | Targosz Wojciech       | (Opalenica)  | 1976   |         | M40 |              | 0:46:17  |              |             |      |
| 276      | Piechowiak Marek       | (Poznań)   | 1982   |         | M30 |              | 0:46:29  |              |             |      |
| 277      | Klusek Bernard         | Mobilna Jednostka Dowodzenia Operacjami Powietrznymi | 1981   |         | M30 | 0:46:29      |          |              |             |      |
| 278      | Tomelka Tomasz         | (Tarnowo Podgórne)                                   | 1986   |         | M30 |              | 0:46:36  |              |             |      |
| 279      | Toporowski Szymon      | (Świdwowiec)   | 1996   |         | M20 |              |          | 0:46:42      |             |      |
| 280      | Świątek Jacek          | (Rogoźno)  | 1981   |         | M30 |              | 0:46:44  |              |             |      |
| 281      | Bejenka Sławek         | (Zielona Góra)                                       | 1973   |         | M40 |              |          | 0:46:48      |             |      |
| 282      | Dudziak Adam           | Dobiconnect  | 1977   |         | M40 |              |          | 0:46:57      |             |      |
| 283      | Nowicka-Kotlaska Anita | (Poznań)   | 1986   |         | K30 |              |          | 0:47:00      |             |      |
| 284      | KONDELA Paweł          | Aktywne Choszczno                                    | 1975   |         | M40 | 0:47:01      |          |              |             |      |
| 285      | JACKOWSKI DANIEL       | KB Piast Międzyrzecz /KS KASTELANKA                  | 1989   |         | M30 | 0:47:02      |          |              |             |      |
| 286      | RADYS PAULINA          | KB Piast Międzyrzecz /KS KASTELANKA                  | 1990   |         | K20 | 0:47:02      |          |              |             |      |
| 287      | Groblewicz Mateusz     | SEECOM POLSKA TEAM                                   | 1990   |         | M20 |              |          | 0:47:10      |             |      |
| 288      | Kuczyński Piotr        | (Poznań)   | 1956   |         | M60 |              | 0:47:20  |              |             |      |
| 289      | REMISZEWSKI Zbigniew   | (MIKOŁAJKI)  | 1968   |         | M50 | 0:47:34      |          |              |             |      |
| 290      | Koroński Tadeusz       | Parkrun Poznań                                       | 1970   |         | M40 |              |          | 0:47:36      |             |      |
| 291      | Domański Patryk        | Moldy Unicorns                                       | 1996   |         | M20 | 0:47:46      |          |              |             |      |
| 292      | Malinowski Aleksander  | (Poznań)   | 1979   |         | M40 | 0:47:48      |          |              |             |      |
| 293      | Przybyszewska Dominika | Świerczewo Run                                       | 1989   |         | K30 | 0:47:48      |          |              |             |      |



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|----------|---------------------------|-------------------------------|--------|---------|-----|--------------|---------|--------------|-------------|------|
| 294      | Ścigocki Michał           | Luboński Klub Biegacza        | 1985   |         | M30 |              | 0:47:49 |              |             |      |
| 295      | Dziarski Marek            | Moraczewo                     | 1977   |         | M40 |              |         | 0:47:51      |             |      |
| 296      | Sierzant Adriań           | (Poznań)                      | 1989   |         | M30 |              |         | 0:47:52      |             |      |
| 297      | Macioszek Natalia         | (Poznań)                      | 1984   |         | K30 |              |         | 0:47:55      |             |      |
| 298      | Jaroniec Malgorzata       | Bubu Team                     | 1985   |         | K30 | 0:48:06      |         |              |             |      |
| 299      | Gruchała-Furmaniuk Aldona | SPEED FREAKS                  | 1981   |         | K30 |              |         | 0:48:14      |             |      |
| 300      | Musielak Piotr            | PGB Sortowa Paczka P-Ń 56     | 1970   |         | M40 |              | 0:48:23 |              |             |      |
| 301      | Pogorzelski Paweł         | (Gdynia)                      | 1992   |         | M20 |              |         | 0:48:27      |             |      |
| 302      | Jankowski Piotr           | Imon                          | 1986   |         | M30 |              | 0:48:37 |              |             |      |
| 303      | Malinowski Marcin         | MY LIFE MY WAY                | 1978   |         | M40 |              | 0:48:51 |              |             |      |
| 304      | Dworzyński Sebastian      | (Miały)                       | 1979   |         | M40 |              |         | 0:48:52      |             |      |
| 305      | Rochowiak Przemysław      | LOK Pogranicznik              | 1984   |         | M30 |              | 0:48:52 |              |             |      |
| 306      | Żurek Paweł               | MEDFI Agnieszka Żurek         | 1975   |         | M40 |              |         | 0:48:55      |             |      |
| 307      | Ceitel Maciej             | (Poznań)                      | 1976   |         | M40 |              |         | 0:48:57      |             |      |
| 308      | Szygenda Jarosław         | Maratończyk Poznań            | 1972   |         | M40 |              | 0:49:05 |              |             |      |
| 309      | Cichowlas Przemysław      | ACTIVE LIFESTYLE TRANSFORMERS | 1991   |         | M20 |              | 0:49:22 |              |             |      |
| 310      | Sawicki Krzysztof         | (SZCZECIN)                    | 1989   |         | M30 |              | 0:49:25 |              |             |      |
| 311      | Cieślik Zdzisław          | Team Run Golancz              | 1958   |         | M60 | 0:49:29      |         |              |             |      |
| 312      | Król Bartosz              | (Poznań)                      | 1975   |         | M40 |              |         | 0:49:40      |             |      |
| 313      | Maćkowiak Krzysztof       | (Poznań)                      | 1984   |         | M30 |              |         | 0:49:42      |             |      |
| 314      | Oldenburg Tim             | Team Zoot Europe              | 1980   |         | M30 |              | 0:49:47 |              |             |      |
| 315      | Szczygieł Daniel          | (Poznań)                      | 1997   |         | M20 |              | 0:49:49 |              |             |      |
| 316      | Olszewska Gabriela        | (Górczyna)                    | 1979   |         | K40 |              |         | 0:49:54      |             |      |
| 317      | Rabsch Bartek             | WKSB                          | 1978   |         | M40 |              |         | 0:49:58      |             |      |
| 318      | Bąkowski Dawid            | (BYDGOSZCZ)                   | 1982   |         | M30 |              |         | 0:50:00      |             |      |
| 319      | Sarnot Szymon             | (Poznań)                      | 1991   |         | M20 |              |         | 0:50:02      |             |      |
| 320      | Palczewska Dominika       | (Poznań)                      | 1992   |         | K20 | 0:50:11      |         |              |             |      |
| 321      | Radowicz Katarzyna        | (Kielce)                      | 1961   |         | K50 |              |         | 0:50:11      |             |      |
| 322      | Nowacki Michał            | (Poznań)                      | 1981   |         | M30 |              |         | 0:50:21      |             |      |
| 323      | Tamas Mateusz             | (Poznań)                      | 1990   |         | M20 |              | 0:50:24 |              |             |      |
| 324      | Burczyk Dominika          | (Kozmin Wielkopolski)         | 1994   |         | K20 |              |         | 0:50:26      |             |      |
| 325      | Twardowska Monika         | (Kozmin Wielkopolski)         | 1998   |         | K20 |              |         | 0:50:26      |             |      |
| 326      | Dembina Andrzej           | (Rokietnica)                  | 1962   |         | M50 |              | 0:50:30 |              |             |      |



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|----------|-----------------------|----------------------------------|--------|---------|-----|--------------|----------|--------------|-------------|------|
| 327      | Tanner Jonathan       | (Poznań)                         | 1988   |         | M30 |              |          | 0:50:33      |             |      |
| 328      | Sikora Dawid          | Dęborzymianie                    | 1976   |         | M40 |              | 0:50:36  |              |             |      |
| 329      | Miler Dariusz         | Torpol Running Team              | 1988   |         | M30 |              | 0:50:37  |              |             |      |
| 330      | CZARNKOWSKA ANNA      | (Robakowo)                       | 1986   |         | K30 | 0:50:38      |          |              |             |      |
| 331      | Statkiewicz Anna      | (Zduny)                          | 1981   |         | K30 |              |          | 0:50:55      |             |      |
| 332      | jena krzysztof        | Postęp Pniewy Team               | 1956   |         | M60 | 0:50:56      |          |              |             |      |
| 333      | Szeląg Sebastian      | Czarne Serca                     | 1990   |         | M20 |              |          | 0:51:04      |             |      |
| 334      | Dobosz Aleksandra     | (Wrzosowa)                       | 1993   |         | K20 |              |          | 0:51:06      |             |      |
| 335      | Żuchlewski Piotr      | (Poznań)                         | 1980   |         | M30 | 0:51:06      |          |              |             |      |
| 336      | Charłęza Dobromił     | Charłęza zawsze zwycięża         | 1988   |         | K30 | 0:51:10      |          |              |             |      |
| 337      | Kujawa Marta          | (Rokietnica)                     | 1987   |         | K30 | 0:51:13      |          |              |             |      |
| 338      | Wygralak Piotr        | Drużyna Szpiku                   | 1986   |         | M30 |              | 0:51:13  |              |             |      |
| 339      | Jadczak Monika        | KROTOSZYŃSKA GRUPA BIEGOWA       | 2001   |         | K16 |              | 0:51:13  |              |             |      |
| 340      | Bendowski Łukasz      | Grodziski Klub Biegacza          | 1991   |         | M20 | 0:51:15      |          |              |             |      |
| 341      | Gosa Mariusz          | (Kozmin Wlkp)                    | 1972   |         | M40 |              |          | 0:51:17      |             |      |
| 342      | Bielawa Karol         | (Czempiń)                        | 1993   |         | M20 |              | 0:51:30  |              |             |      |
| 343      | Kida Krzysztof        | (Poznań)                         | 1991   |         | M20 |              |          | 0:51:44      |             |      |
| 344      | Szuszczynski Michał   | 2010                             | 1976   |         | M40 |              | 0:51:53  |              |             |      |
| 345      | Jarząbek Robert       | Strzałkowska Grupa Biegowa Sokół | 1973   |         | M40 | 0:51:53      |          |              |             |      |
| 346      | Ogińska Anetta        | (Poznań)                         | 1974   |         | K40 | 0:52:00      |          |              |             |      |
| 347      | Markulak Zbyszek      | Marszów                          | 1973   |         | M40 |              |          | 0:52:00      |             |      |
| 348      | Romecz-Kazik Gabriela | (Złotów)                         | 1979   |         | K40 |              |          | 0:52:01      |             |      |
| 349      | Mroszyński Wojciech   | Night Runners                    | 1989   |         | M30 |              | 0:52:02  |              |             |      |
| 350      | Brychczyński Krystian | HERNIK TEAM                      | 1980   |         | M30 |              | 0:52:06  |              |             |      |
| 351      | Mrzyglód Jakub        | (Połczyn-Zdrój)                  | 1993   |         | M20 | 0:52:18      |          |              |             |      |
| 352      | Troszczyńska Izabela  | (Oborniki)                       | 1991   |         | K20 | 0:52:21      |          |              |             |      |
| 353      | Jamrozik Grzegorz     | Moldy Unicorns                   | 1988   |         | M30 | 0:52:22      |          |              |             |      |
| 354      | Bulak Mateusz         | (Oborniki)                       | 1991   |         | M20 | 0:52:22      |          |              |             |      |
| 355      | Kapela Basia          | Moldy Unicorns                   | 1988   |         | K30 | 0:52:22      |          |              |             |      |
| 356      | Nowak Ziemowit        | Robakowo                         | 1970   |         | M40 |              |          | 0:52:32      |             |      |
| 357      | Lehwark Marcin        | Drużyna Szpiku                   | 1978   |         | M40 | 0:52:37      |          |              |             |      |
| 358      | Terpiłowski Łucjan    | (Gorzów Wlkp.)                   | 1958   |         | M60 |              |          | 0:52:46      |             |      |
| 359      | Borowczyk Sonia       | 1993                             | 1993   |         | K20 |              | 0:52:51  |              |             |      |



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|----------|-----------------------------|--------------------------------------|--------|---------|-----|--------------|----------|--------------|-------------|------|
| 360      | Ranuszkiewicz Konrad        | (Poznań)                             | 1990   |         | M20 | 0:52:54      |          |              |             |      |
| 361      | Tomaszewski Paweł           | (Kleszczewo)                         | 1988   |         | M30 |              | 0:52:55  |              |             |      |
| 362      | NOWAK Konrad                | Kriss Coaching                       | 1978   |         | M40 |              |          | 0:53:01      |             |      |
| 363      | Jasińska Dorota             | Night Runners Września               | 1984   |         | K30 |              |          | 0:53:02      |             |      |
| 364      | Trzebiński Tomasz           | Zakład Fryzjerski Zaskakująco Dobrze | 1996   |         | M20 | 0:53:03      |          |              |             |      |
| 365      | Seklecka Natalia            | (Włocławek)                          | 1990   |         | K20 | 0:53:04      |          |              |             |      |
| 366      | Grzesiak Krzysztof          | LO ŚREM                              | 1962   |         | M50 |              |          | 0:53:11      |             |      |
| 367      | Zajdler-Sadlińska Agnieszka | Pro366                               | 1979   |         | K40 |              | 0:53:11  |              |             |      |
| 368      | Kacprzycki Tomasz           | Drużyna Biegowa Lecha Poznań         | 1986   |         | M30 |              |          | 0:53:15      |             |      |
| 369      | Wojciechowska Anna          | Piątkowo na Biegowo                  | 1971   |         | K40 | 0:53:22      |          |              |             |      |
| 370      | Rutkowska Anna              | Wataha Wałcz                         | 1969   |         | K50 | 0:53:23      |          |              |             |      |
| 371      | Maćkowiak Paweł             | (Poznań)                             | 1986   |         | M30 |              | 0:53:24  |              |             |      |
| 372      | Zadrożny Szymon             | Wataha Wałcz                         | 1978   |         | M40 | 0:53:25      |          |              |             |      |
| 373      | KUCHARCZYK Marcin           | 3:33 TEAM                            | 1982   |         | M30 | 0:53:36      |          |              |             |      |
| 374      | Markulak Ella               | (Żary)                               | 1976   |         | K40 |              |          | 0:53:41      |             |      |
| 375      | Raś Ryszard, Marek          | Eko-Wod-Kan                          | 1950   |         | M60 | 0:53:41      |          |              |             |      |
| 376      | ZIENKIEWICZ ZUZANNA         | (Opalenuca)                          | 1998   |         | K20 | 0:53:45      |          |              |             |      |
| 377      | MAŁKIŃSKA BIĘGA DOROTA      | (BYDGOSZCZ)                          | 1988   |         | K30 |              |          | 0:53:46      |             |      |
| 378      | Dominiak Tomasz             | (Opalenica)                          | 1996   |         | M20 | 0:53:46      |          |              |             |      |
| 379      | Wiśniewska Marta            | (Poznan)                             | 1984   |         | K30 |              |          | 0:53:51      |             |      |
| 380      | Chudy Arkadiusz             | (Gostyń)                             | 1980   |         | M30 |              | 0:53:58  |              |             |      |
| 381      | Ladek Marcin                | gRUNwal team Poznań                  | 1989   |         | M30 |              |          | 0:54:00      |             |      |
| 382      | Buliński Bartosz            | PowerRun by Decathlon Gniezno        | 1976   |         | M40 | 0:54:03      |          |              |             |      |
| 383      | Filipiak Agnieszka          | PowerRun by Decathlon Gniezno        | 1976   |         | K40 | 0:54:03      |          |              |             |      |
| 384      | Matysiak Rafał              | Biegacze PMI                         | 1972   |         | M40 |              |          | 0:54:04      |             |      |
| 385      | Rochowski Piotr             | Stalowowski Klub Biegacza            | 1962   |         | M50 |              | 0:54:06  |              |             |      |
| 386      | Tomczak Zbigniew            | Altom Gniezno                        | 1954   |         | M60 |              | 0:54:08  |              |             |      |
| 387      | SZMYT MICHAŁ                | (POZNAŃ)                             | 1984   |         | M30 | 0:54:11      |          |              |             |      |
| 388      | Zalaszewski Dawid           | (Wągrowiec)                          | 1994   |         | M20 |              | 0:54:13  |              |             |      |
| 389      | Pomykalska Iwona            | Gdzie ta meta                        | 1977   |         | K40 |              |          | 0:54:14      |             |      |
| 390      | Studzinski Jacek            | # DRUŻYNA SZPIKU                     | 1979   |         | M40 |              | 0:54:17  |              |             |      |
| 391      | Kubicka Paulina             | (Skórzewo)                           | 1995   |         | K20 |              |          | 0:54:21      |             |      |
| 392      | Świtaj Jacek                | (Poznań)                             | 1982   |         | M30 | 0:54:22      |          |              |             |      |



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|----------|---------------------------|--------------------|--------|---------|-----|--------------|----------|--------------|-------------|------|
| 393      | Grabowska Izabela         | (Kaczory)          | 1980   |         | K30 | 0:54:38      |          |              |             |      |
| 394      | Kowalski Patryk           | Wierzenica.org     | 1990   |         | M20 |              |          | 0:54:42      |             |      |
| 395      | Boral Michał              | (Huta Stara B)     | 1989   |         | M30 |              |          | 0:54:46      |             |      |
| 396      | Michalski Michał          | Kościan Team       | 1987   |         | M30 |              | 0:54:47  |              |             |      |
| 397      | Budziszewski Przemysław   | (Poznań)           | 1995   |         | M20 |              |          | 0:54:49      |             |      |
| 398      | Lewicki Kamil             | Donner Party       | 1982   |         | M30 |              |          | 0:54:54      |             |      |
| 399      | Zboralski Łukasz          | (Poznań)           | 1975   |         | M40 |              | 0:54:54  |              |             |      |
| 400      | Dukat Katarzyna           | (Murowana Goślina) | 1984   |         | K30 |              |          | 0:54:58      |             |      |
| 401      | Siuda Marek               | IZMARK             | 1968   |         | M50 | 0:55:02      |          |              |             |      |
| 402      | Szajek Siuda Izabela      | IZMARK             | 1970   |         | K40 | 0:55:02      |          |              |             |      |
| 403      | Molenda Mateusz           | Balda              | 1996   |         | M20 | 0:55:03      |          |              |             |      |
| 404      | Krupczyński Adrian        | (Rogoźno)          | 1975   |         | M40 | 0:55:07      |          |              |             |      |
| 405      | Szymoniak Artur           | (Poznań)           | 1982   |         | M30 |              | 0:55:08  |              |             |      |
| 406      | Kamiński Bronisław        | Gdzie ta meta      | 1966   |         | M50 |              |          | 0:55:12      |             |      |
| 407      | Otkińska Anna             | (Mrągowo)          | 1982   |         | K30 | 0:55:18      |          |              |             |      |
| 408      | Rębeliński Grzegorz       | (Bledzew)          | 1964   |         | M50 |              |          | 0:55:22      |             |      |
| 409      | Bartkowiak Norbert        | Środa Wielkopolska | 1995   |         | M20 |              | 0:55:40  |              |             |      |
| 410      | Biedna Agnieszka          | (Rokietnica)       | 1979   |         | K40 | 0:55:54      |          |              |             |      |
| 411      | Grajewski Sławomir        | (Tulce)            | 1970   |         | M40 |              | 0:55:57  |              |             |      |
| 412      | Szóstak Remigiusz         | (Luboń)            | 1993   |         | M20 |              |          | 0:55:57      |             |      |
| 413      | Kreczmer Beata            | DT4YOU MTB TEAM    | 1994   |         | K20 | 0:55:58      |          |              |             |      |
| 414      | Furmaniuk Tomasz          | SPEED FREAKS       | 1984   |         | M30 |              |          | 0:55:58      |             |      |
| 415      | Stankiewicz Gracjan       | DT4YOU MTB TEAM    | 1992   |         | M20 | 0:55:59      |          |              |             |      |
| 416      | Konstańczak Joanna        | 1983               | 1983   |         | K30 |              |          | 0:56:00      |             |      |
| 417      | Chmielewska-Boruch Milena | (Mrągowo)          | 1987   |         | K30 | 0:56:11      |          |              |             |      |
| 418      | Zaworska Weronika         | (Poznań)           | 1988   |         | K30 |              |          | 0:56:14      |             |      |
| 419      | Swiczak Monika            | (Płock)            | 1976   |         | K40 | 0:56:16      |          |              |             |      |
| 420      | Retkowski Adam            | Kuźnia Triathlonu  | 1978   |         | M40 |              | 0:56:19  |              |             |      |
| 421      | Prejs Kamil               | (Przeźmierowo)     | 1975   |         | M40 | 0:56:24      |          |              |             |      |
| 422      | Kalinowska Daria          | (Poznań)           | 1982   |         | K30 |              |          | 0:56:24      |             |      |
| 423      | Rzyski Tomasz             | (Poznań)           | 1993   |         | M20 |              | 0:56:29  |              |             |      |
| 424      | Wilczyński Krzysztof      | (Poznań)           | 1960   |         | M50 | 0:56:34      |          |              |             |      |
| 425      | Królikowska Agnieszka     | (Kudowa-Zdrój)     | 1982   |         | K30 |              |          | 0:56:38      |             |      |



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|----------|-------------------------|----------------------------|--------|---------|-----|--------------|---------|--------------|-------------|------|
| 426      | Banaczyk Wioletta       | Lill-Sport                 | 1968   |         | K50 | 0:56:41      |         |              |             |      |
| 427      | Krukowska Magdalena     | (Poznań)                   | 1963   |         | K50 |              |         | 0:56:45      |             |      |
| 428      | Ciachera Ireneusz       | indywidualnie              | 1967   |         | M50 | 0:56:46      |         |              |             |      |
| 429      | Plewa Paulina           | STK AZS UEP                | 1993   |         | K20 | 0:56:49      |         |              |             |      |
| 430      | Kuszka-Brzychcy Natalia | (Zagórów)                  | 1986   |         | K30 | 0:56:50      |         |              |             |      |
| 431      | Piórkowska Jolanta      | Koło Biega                 | 1976   |         | K40 | 0:56:53      |         |              |             |      |
| 432      | Piórkowski Jarosław     | Koło Biega                 | 1974   |         | M40 | 0:56:53      |         |              |             |      |
| 433      | Strucka Aleksandra      | (Poznań)                   | 1986   |         | K30 |              |         | 0:56:54      |             |      |
| 434      | Niespodziana Anna       | ROGOZIŃSKI KLUB BIEGACZA   | 1982   |         | K30 |              | 0:56:55 |              |             |      |
| 435      | Bartoszevska Patrycja   | (Poznań)                   | 1995   |         | K20 |              |         | 0:57:00      |             |      |
| 436      | PIECHALAK KRZYSZTOF     | Kuna Kowanówko             | 2000   |         | M16 |              |         | 0:57:04      |             |      |
| 437      | Wozniak Lukasz          | (Przytoczna)               | 1981   |         | M30 |              |         | 0:57:06      |             |      |
| 438      | Sowińska Anetta         | bbl gorzów wielkopolski    | 1974   |         | K40 |              |         | 0:57:18      |             |      |
| 439      | Michalak Violetta       | (Wronki)                   | 1974   |         | K40 | 0:57:34      |         |              |             |      |
| 440      | Garstka Zbigniew        | Wroniecki Klub Biegacza    | 1977   |         | M40 | 0:57:34      |         |              |             |      |
| 441      | Szaferska Natalia       | (Wągrowiec)                | 1980   |         | K30 |              | 0:57:34 |              |             |      |
| 442      | Wesołek Przemek         | (Poznań)                   | 1977   |         | M40 |              |         | 0:57:35      |             |      |
| 443      | Matusiak Jarek          | SOBIE BIEGAM               | 1975   |         | M40 |              | 0:57:43 |              |             |      |
| 444      | Przewoska Paulina       | Prawnik w biegu            | 1984   |         | K30 | 0:57:45      |         |              |             |      |
| 445      | Barabasz Adam           | (Poznań)                   | 1977   |         | M40 |              |         | 0:57:45      |             |      |
| 446      | Kwiatkowska Ania        | Prawnik w biegu            | 1989   |         | K30 | 0:57:45      |         |              |             |      |
| 447      | Grubich Bartłomiej      | (Poznań)                   | 1985   |         | M30 |              |         | 0:57:46      |             |      |
| 448      | Młynarczak Karolina     | (Błażejewko)               | 1978   |         | K40 | 0:57:47      |         |              |             |      |
| 449      | Młynarczak Kuba         | (Błażejewko)               | 1978   |         | M40 | 0:57:48      |         |              |             |      |
| 450      | Jańczak Aleksandra      | (Zbąszyń)                  | 1997   |         | K20 | 0:57:48      |         |              |             |      |
| 451      | Kolendo Mateusz         | (Lusówko)                  | 1977   |         | M40 |              |         | 0:57:52      |             |      |
| 452      | Naskręt Izabela         | (Skórzewo)                 | 1985   |         | K30 | 0:57:53      |         |              |             |      |
| 453      | Kowalewski Rafał        | (Poznań)                   | 1975   |         | M40 | 0:57:58      |         |              |             |      |
| 454      | Kowalewska Joanna       | (Poznań)                   | 1977   |         | K40 | 0:57:58      |         |              |             |      |
| 455      | Kaczmarek Beata         | STR POZNAŃ                 | 1971   |         | K40 |              | 0:58:00 |              |             |      |
| 456      | Orlicki Michał          | 1981                       | 1981   |         | M30 |              | 0:58:00 |              |             |      |
| 457      | Greczycho Milena        | (Zbąszynek)                | 1992   |         | K20 | 0:58:05      |         |              |             |      |
| 458      | Kliks Jakub             | Zmęczeni już przed biegiem | 1998   |         | M20 |              |         | 0:58:09      |             |      |



| Msc<br>open | Nazwisko imię        | Klub lub miasto                   | Rok<br>ur | Msc<br>M/K | Kat | Walentynkowy | Zajączek | Świętojański | Mikołajkowy | Suma |
|-------------|----------------------|-----------------------------------|-----------|------------|-----|--------------|----------|--------------|-------------|------|
| 459         | Kamińska Agnieszka   | San Escobar Triathlon Team        | 1978      |            | K40 | 0:58:10      |          |              |             |      |
| 460         | WĘDZONKA MARTA       | (RAWICZ)                          | 1983      |            | K30 |              |          | 0:58:11      |             |      |
| 461         | Przewoźny Grzegorz   | (Święciechowa)                    | 1977      |            | M40 |              |          | 0:58:11      |             |      |
| 462         | Rudzki Michał        | (Plock)                           | 1984      |            | M30 | 0:58:11      |          |              |             |      |
| 463         | Jasińska Lidia       | STRZESZYN                         | 1970      |            | K40 |              |          | 0:58:13      |             |      |
| 464         | Wawrzyniak Michał    | San Escobar Triathlon Team        | 1979      |            | M40 | 0:58:14      |          |              |             |      |
| 465         | majzeles estera      | (wrocław)                         | 1993      |            | K20 |              | 0:58:15  |              |             |      |
| 466         | Chmielewska Karolina | Luboński Klub Biegacza            | 1975      |            | K40 | 0:58:17      |          |              |             |      |
| 467         | Szafrańska Magdalena | Team Aktywny Stęszew              | 1975      |            | K40 |              |          | 0:58:20      |             |      |
| 468         | Gutowski Paweł       | -----                             | 1970      |            | M40 | 0:58:20      |          |              |             |      |
| 469         | Kościuszko Monika    | Team Aktywny Stęszew              | 1978      |            | K40 |              |          | 0:58:20      |             |      |
| 470         | Wesołek Magda        | (Poznań)                          | 1985      |            | K30 |              |          | 0:58:22      |             |      |
| 471         | Gutowska Maria       | ----                              | 1970      |            | K40 | 0:58:26      |          |              |             |      |
| 472         | Wiaderek Piotr       | Pędzące Żółwie                    | 1985      |            | M30 |              |          | 0:58:28      |             |      |
| 473         | Kraszkiewicz Rafał   | QUAY POZNAŃ                       | 1973      |            | M40 | 0:58:28      |          |              |             |      |
| 474         | Adamczyk Patrycja    | FlexLink Running Team             | 1976      |            | K40 |              |          | 0:58:29      |             |      |
| 475         | Konieczny Robert     | Start Luks Nakło                  | 1972      |            | M40 | 0:58:30      |          |              |             |      |
| 476         | Nowicka Aldona       | (poznań)                          | 1972      |            | K40 |              |          | 0:58:31      |             |      |
| 477         | Nowak Ludmiła        | (Jarocin)                         | 1975      |            | K40 | 0:58:31      |          |              |             |      |
| 478         | Kasprzyk Justyna     | (Kiekrz)                          | 1995      |            | K20 |              |          | 0:58:31      |             |      |
| 479         | Wieczorek Monika     | Amator                            | 1979      |            | K40 |              |          | 0:58:32      |             |      |
| 480         | Ilkiewicz Mirosława  | WATAHA                            | 1985      |            | K30 | 0:58:42      |          |              |             |      |
| 481         | Graniczna Katarzyna  | (Poznań)                          | 1988      |            | K30 |              |          | 0:58:48      |             |      |
| 482         | Górna Aldona         | Żółwice w Biegu                   | 1978      |            | K40 | 0:58:51      |          |              |             |      |
| 483         | Lange Hanna          | Żółwice w Biegu                   | 1978      |            | K40 | 0:58:52      |          |              |             |      |
| 484         | Bocian Zbigniew      | 2. Skrzydło Lotnictwa Taktycznego | 1967      |            | M50 |              | 0:58:53  |              |             |      |
| 485         | Przybylski Witek     | MUAY RUNNING TEAM                 | 1978      |            | M40 |              |          | 0:58:56      |             |      |
| 486         | Szydłowski Adrian    | pierwszykilometr.blogspot.com     | 1987      |            | M30 | 0:58:57      |          |              |             |      |
| 487         | Szydłowska Paulina   | pierwszykilometr.blogspot.com     | 1988      |            | K30 | 0:58:57      |          |              |             |      |
| 488         | Mendel Maciej        | Grodziski Klub Biegacza           | 1964      |            | M50 | 0:59:02      |          |              |             |      |
| 489         | Słocińska Natasza    | (Poznań)                          | 1983      |            | K30 |              |          | 0:59:03      |             |      |
| 490         | Cybulska Agnieszka   | Rehafiz                           | 1984      |            | K30 | 0:59:07      |          |              |             |      |
| 491         | Cybulski Dariusz     | Rehafiz                           | 1981      |            | M30 | 0:59:10      |          |              |             |      |





| Msc open | Nazwisko imię        | Klub lub miasto        | Rok ur | Msc M/K | Kat | Walentynkowy | Zajęzcek | Świętojański | Mikołajkowy | Suma |
|----------|----------------------|------------------------|--------|---------|-----|--------------|----------|--------------|-------------|------|
| 492      | PIECHALAK JACEK      | Kuna Kowanówko         | 1969   |         | M50 |              |          | 0:59:18      |             |      |
| 493      | Kaczmarek Bartosz    | (Poznań)               | 1983   |         | M30 |              | 0:59:27  |              |             |      |
| 494      | Dudek Damian         | (Wiry)                 | 1998   |         | M20 |              |          | 0:59:32      |             |      |
| 495      | Gładysiak Przemysław | Gładko biegamy :-)     | 1977   |         | M40 |              | 0:59:35  |              |             |      |
| 496      | Cęcelewski Jarosław  | (Cisie)                | 1970   |         | M40 |              |          | 0:59:38      |             |      |
| 497      | Kotomska Renata      | (Aleksandrówka)        | 1976   |         | K40 |              |          | 0:59:39      |             |      |
| 498      | Skiba Olga           | (Stęszew)              | 1983   |         | K30 |              |          | 0:59:39      |             |      |
| 499      | Kaczmarek Katarzyna  | (Poznań)               | 1986   |         | K30 |              |          | 0:59:41      |             |      |
| 500      | Walczak Anna         | (Swarzędz)             | 1984   |         | K30 |              |          | 0:59:42      |             |      |
| 501      | Gryniuk Maciej       | Krav Maga Be Safe      | 1998   |         | M20 |              | 0:59:42  |              |             |      |
| 502      | Samelski Dominik     | (Rumianek)             | 1978   |         | M40 | 0:59:43      |          |              |             |      |
| 503      | Samelska Monika      | (Rumianek)             | 1975   |         | K40 | 0:59:44      |          |              |             |      |
| 504      | MUCHA ŻANETA         | Ruukki                 | 1975   |         | K40 |              |          | 0:59:48      |             |      |
| 505      | Jałowska Julia       | (Poznań)               | 2003   |         | K16 |              | 0:59:51  |              |             |      |
| 506      | Czerwińska Edyta     | (Oborniki)             | 1988   |         | K30 | 0:59:57      |          |              |             |      |
| 507      | Rępańska Weronika    | (Poznań)               | 1995   |         | K20 |              |          | 1:00:16      |             |      |
| 508      | KUDLIŃSKA MARLENA    | Bukowski Klub Biegacza | 1987   |         | K30 |              | 1:00:17  |              |             |      |
| 509      | Jarmuda Justyna      | Jarmudki               | 1982   |         | K30 |              | 1:00:17  |              |             |      |
| 510      | KOSTRZYŃSKA JOLANTA  | (Poznań)               | 1969   |         | K50 |              |          | 1:00:20      |             |      |
| 511      | Kodur Anita          | Grażynki OCR           | 1983   |         | K30 |              | 1:00:23  |              |             |      |
| 512      | Barłóg Przemysław    | (Poznań)               | 1997   |         | M20 | 1:00:24      |          |              |             |      |
| 513      | Nowak Patrycja       | (Daszewice)            | 1998   |         | K20 | 1:00:24      |          |              |             |      |
| 514      | Welniak Maria        | (Tarnowo Podgórne)     | 1981   |         | K30 |              |          | 1:00:29      |             |      |
| 515      | Reich Piotr          | (Dąbrówka Leśna)       | 1978   |         | M40 | 1:00:30      |          |              |             |      |
| 516      | Reich Anna           | (Dąbrówka Leśna)       | 1981   |         | K30 | 1:00:31      |          |              |             |      |
| 517      | Kostka Filip         | (Poznań)               | 1980   |         | M30 |              | 1:00:31  |              |             |      |
| 518      | German Zofia         | BBKTS                  | 1963   |         | K50 |              |          | 1:00:41      |             |      |
| 519      | Nieznalski Krzysztof | (Poznań)               | 1989   |         | M30 | 1:00:42      |          |              |             |      |
| 520      | Głyda Maciej         | 1962                   | 1962   |         | M50 |              | 1:00:42  |              |             |      |
| 521      | Olek Kacper          | (Konin)                | 1996   |         | M20 |              |          | 1:00:45      |             |      |
| 522      | Dzikiel Beata        | Fitarena Głogów        | 1970   |         | K40 |              |          | 1:00:47      |             |      |
| 523      | Błażuk Joanna        | Fitarena Głogów        | 1981   |         | K30 |              |          | 1:00:48      |             |      |
| 524      | Magrian Kamila       | (Gdynia)               | 1998   |         | K20 |              |          | 1:00:53      |             |      |



| Msc open | Nazwisko imię              | Klub lub miasto                      | Rok ur | Msc M/K | Kat | Walentynkowy | Zajęczek | Świętojański | Mikołajkowy | Suma |
|----------|----------------------------|--------------------------------------|--------|---------|-----|--------------|----------|--------------|-------------|------|
| 525      | Krawczuk Agnieszka         | (Gdynia)                             | 1996   |         | K20 |              |          | 1:00:53      |             |      |
| 526      | Jarek Łukasz               | (Szreniawa)                          | 1984   |         | M30 | 1:00:54      |          |              |             |      |
| 527      | Woźnica Rafał              | Biegacze Józefa Noji                 | 1980   |         | M30 | 1:00:58      |          |              |             |      |
| 528      | Grypczyński Robert         | Kuna Kowanówko                       | 1969   |         | M50 |              |          | 1:00:58      |             |      |
| 529      | Chmiel Mateusz             | Zakład Fryzjerski Zaskakująco Dobrze | 1996   |         | M20 |              |          | 1:01:02      |             |      |
| 530      | Szott Piotr                | Le-Biega                             | 1958   |         | M60 | 1:01:06      |          |              |             |      |
| 531      | Kania Roksana              | (Żagań)                              | 1975   |         | K40 | 1:01:07      |          |              |             |      |
| 532      | Rutkowska Katarzyna        | (Oborniki)                           | 1979   |         | K40 |              | 1:01:08  |              |             |      |
| 533      | Kania Mariusz              | (Żagań)                              | 1968   |         | M50 | 1:01:08      |          |              |             |      |
| 534      | Bury Roman                 | (Karski)                             | 1972   |         | M40 |              |          | 1:01:11      |             |      |
| 535      | Woźniak Joanna             | (Poznań)                             | 1971   |         | K40 |              |          | 1:01:11      |             |      |
| 536      | Zbierski Jakub             | (Poznań)                             | 1986   |         | M30 | 1:01:19      |          |              |             |      |
| 537      | Hajt Andrzej               | (Chodzież)                           | 1972   |         | M40 | 1:01:24      |          |              |             |      |
| 538      | LOBA SYLWIA                | Świerczewo Run                       | 1971   |         | K40 | 1:01:31      |          |              |             |      |
| 539      | LOBA DAMIAN                | Świerczewo Run                       | 1969   |         | M50 | 1:01:31      |          |              |             |      |
| 540      | olszewska anna             | Chemadex                             | 1984   |         | K30 |              | 1:01:36  |              |             |      |
| 541      | olszewski jacek            | Chemadex                             | 1981   |         | M30 |              | 1:01:37  |              |             |      |
| 542      | Einbacher Monika           | (Poznań)                             | 1995   |         | K20 |              |          | 1:01:45      |             |      |
| 543      | Skubiszyńska Ewelina       | (Wilkowice)                          | 1996   |         | K20 | 1:01:47      |          |              |             |      |
| 544      | Brungs Violetta            | Atlantic Athletic Club               | 1965   |         | K50 |              |          | 1:01:53      |             |      |
| 545      | Morawiec Małgorzata        | Gdzie ta meta                        | 1976   |         | K40 |              |          | 1:01:58      |             |      |
| 546      | Prusakiewicz Marzena       | (Września)                           | 1971   |         | K40 | 1:02:01      |          |              |             |      |
| 547      | Knop Mateusz               | (Pelikan)                            | 1996   |         | M20 | 1:02:01      |          |              |             |      |
| 548      | Lis Maciej                 | (Poznań)                             | 1971   |         | M40 |              | 1:02:14  |              |             |      |
| 549      | Kontor Aleksandra          | (Swarzędz)                           | 1990   |         | K20 |              | 1:02:15  |              |             |      |
| 550      | Statucka Daniela           | (Szamotuły)                          | 1988   |         | K30 |              |          | 1:02:18      |             |      |
| 551      | Cykowska Katarzyna         | (Poznań)                             | 1998   |         | K20 |              |          | 1:02:26      |             |      |
| 552      | Lenkiewicz Andrzej         | Piękny                               | 1956   |         | M60 |              | 1:02:29  |              |             |      |
| 553      | PRZYBYSZ IZABELA           | (POZNAŃ)                             | 1983   |         | K30 | 1:02:33      |          |              |             |      |
| 554      | Walędziak Piotr            | (Tarnowo Podgórne)                   | 1981   |         | M30 | 1:02:35      |          |              |             |      |
| 555      | Dachtera-Walędziak Izabela | (Tarnowo Podgórne)                   | 1975   |         | K40 | 1:02:38      |          |              |             |      |
| 556      | Ciesielski Paweł           | (Nowa Sól)                           | 1979   |         | M40 |              | 1:02:42  |              |             |      |
| 557      | Bogdanowicz Piotr          | Lill Sport                           | 1997   |         | M20 |              | 1:02:47  |              |             |      |



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|----------|----------------------|----------------------------|--------|---------|-----|--------------|---------|--------------|-------------|------|
| 558      | Borowiec Karol       | 2.SLT                      | 1977   |         | M40 | 1:02:49      |         |              |             |      |
| 559      | Krokowska Magdalena  | Night Runners              | 1987   |         | K30 | 1:02:49      |         |              |             |      |
| 560      | Rzepa Karolina       | TKKF ŁABĘDZ ZBĄSZYŃ        | 1996   |         | K20 | 1:02:53      |         |              |             |      |
| 561      | Kaczmarek Klaudia    | (Oborniki)                 | 1996   |         | K20 | 1:02:57      |         |              |             |      |
| 562      | Sobczak Barbara      | (Oborniki)                 | 1971   |         | K40 | 1:02:58      |         |              |             |      |
| 563      | Grabiński Waldemar   | ROGOZIŃSKI KLUB BIEGACZA   | 1973   |         | M40 |              | 1:03:00 |              |             |      |
| 564      | Przybył Bartłomiej   | (Poznań)                   | 1995   |         | M20 | 1:03:01      |         |              |             |      |
| 565      | Figlerowicz Mateusz  | (Poznań)                   | 1992   |         | M20 | 1:03:04      |         |              |             |      |
| 566      | Stach Weronika       | (Poznań)                   | 1995   |         | K20 | 1:03:04      |         |              |             |      |
| 567      | Åboliņa Tatjana      | Maratona klubs             | 1976   |         | K40 |              | 1:03:08 |              |             |      |
| 568      | Bardowska Weronika   | BASTER TEAM                | 1995   |         | K20 | 1:03:09      |         |              |             |      |
| 569      | Mozal Alicja         | Banda Łysego               | 1990   |         | K20 |              |         | 1:03:16      |             |      |
| 570      | Polikowski Patryk    | (Sopot)                    | 1978   |         | M40 |              | 1:03:19 |              |             |      |
| 571      | Namyślak Daniel      | (Dolaszewo)                | 1977   |         | M40 | 1:03:22      |         |              |             |      |
| 572      | Namyślak Marta       | (Dolaszewo)                | 1980   |         | K30 | 1:03:24      |         |              |             |      |
| 573      | Turek Jarek          | ChampionMan                | 1980   |         | M30 |              |         | 1:03:35      |             |      |
| 574      | Kulek Katarzyna      | ChampionMan Team           | 1985   |         | K30 |              |         | 1:03:36      |             |      |
| 575      | Zwiernik Jarosław    | Poznań                     | 1971   |         | M40 |              |         | 1:03:38      |             |      |
| 576      | Windirsch Luisa      | (Bernburg)                 | 1992   |         | K20 |              | 1:03:38 |              |             |      |
| 577      | Wilk Bartłomiej      | (Poznań)                   | 1990   |         | M20 | 1:03:39      |         |              |             |      |
| 578      | Świętek Wojciech     | (Poznań)                   | 1963   |         | M50 |              | 1:03:50 |              |             |      |
| 579      | Bajstok Adrian       | UKS Junior Nietązkowo      | 2000   |         | M16 | 1:03:53      |         |              |             |      |
| 580      | Chrzanowska Alicja   | (Kościan)                  | 2003   |         | K16 | 1:03:53      |         |              |             |      |
| 581      | Gałczyński Tomasz    | (Poznań)                   | 1983   |         | M30 |              | 1:03:55 |              |             |      |
| 582      | Kele-Bajerska Betina | pozytywnie zakręceni       | 1981   |         | K30 |              |         | 1:04:02      |             |      |
| 583      | Mańka Otylia         | Ciastki.pz                 | 1987   |         | K30 | 1:04:15      |         |              |             |      |
| 584      | Pohl Karolina        | (Poznań)                   | 1997   |         | K20 |              | 1:04:16 |              |             |      |
| 585      | Kliks Iwona          | Zmęczeni już przed biegiem | 1973   |         | K40 |              |         | 1:04:18      |             |      |
| 586      | Kolendo Marzena      | (Lusówko)                  | 1976   |         | K40 |              |         | 1:04:19      |             |      |
| 587      | Masztalerz Joanna    | (Buk)                      | 1989   |         | K30 |              | 1:04:24 |              |             |      |
| 588      | SZYMKOWIAK NATALIA   | SZYMTEAM                   | 1981   |         | K30 |              |         | 1:04:31      |             |      |
| 589      | Dworczak Jakub       | (Leszno)                   | 1988   |         | M30 |              | 1:04:35 |              |             |      |
| 590      | Dyzma Krzysztof      | Dyziolki                   | 1981   |         | M30 | 1:04:43      |         |              |             |      |



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|----------|-------------------------|---|--------|---------|-----|--------------|----------|--------------|-------------|------|
| 591      | Dyzma Irmina            | Dyziolki                                | 1984   |         | K30 | 1:04:43      |          |              |             |      |
| 592      | Sułkowski Michał        | (Poznań)                                | 1983   |         | M30 |              |          | 1:05:00      |             |      |
| 593      | Jakubik Tomasz          | (Poznań)                                | 1988   |         | M30 | 1:05:05      |          |              |             |      |
| 594      | Karauda Barbara         | (Poznań)                                | 1988   |         | K30 | 1:05:05      |          |              |             |      |
| 595      | Wojcieszak Marta        | (Nowy Tomyśl)                           | 1993   |         | K20 | 1:05:15      |          |              |             |      |
| 596      | Kaczmarek Anna          | Orienteering Leszno                     | 1986   |         | K30 |              |          | 1:05:17      |             |      |
| 597      | Łukaszyk Sylwia         | UKS Dąb Leszno                          | 1977   |         | K40 |              |          | 1:05:27      |             |      |
| 598      | Pilarczyk Radosław      | (Pobiedziska)                           | 1993   |         | M20 |              | 1:05:51  |              |             |      |
| 599      | Milarska Anna           | (Witkowo)                               | 1979   |         | K40 | 1:05:57      |          |              |             |      |
| 600      | Pucek Rafał             | wqurw_team                              | 1993   |         | M20 | 1:06:00      |          |              |             |      |
| 601      | Brzóska Agnieszka       | (Wronki)                                | 1974   |         | K40 | 1:06:01      |          |              |             |      |
| 602      | Zięciak Karolina        | (Kamionki)                              | 1986   |         | K30 |              | 1:06:02  |              |             |      |
| 603      | Namyślak Renata         | Koło Biega                              | 1977   |         | K40 | 1:06:08      |          |              |             |      |
| 604      | Namyślak Radosław       | Koło Biega                              | 1971   |         | M40 | 1:06:09      |          |              |             |      |
| 605      | Ruszyk Mariusz          | (Rokietnica)                            | 1968   |         | M50 |              | 1:06:10  |              |             |      |
| 606      | Dereń Katarzyna         | (Koło)                                  | 1988   |         | K30 | 1:06:30      |          |              |             |      |
| 607      | Lesicka Elżbieta        | CIACHA I CZAPY                          | 1984   |         | K30 |              |          | 1:06:36      |             |      |
| 608      | Czapczyk Andrzej        | CIACHA I CZAPY                          | 1960   |         | M50 |              |          | 1:06:36      |             |      |
| 609      | Bartyzel Marek          | (Zawoja)                                | 1976   |         | M40 | 1:06:38      |          |              |             |      |
| 610      | Stołowska Natalia       | (Wrocław)                               | 1979   |         | K40 | 1:06:40      |          |              |             |      |
| 611      | Kłaja Katarzyna         | SCIM                                    | 1958   |         | K60 |              | 1:06:50  |              |             |      |
| 612      | Kucz Paweł              | (Duszniki)                              | 1979   |         | M40 |              |          | 1:07:05      |             |      |
| 613      | Kucz Renata             | (Duszniki)                              | 1979   |         | K40 |              |          | 1:07:08      |             |      |
| 614      | Koch Antoni             | (Śrem)                                  | 1961   |         | M50 |              | 1:07:13  |              |             |      |
| 615      | Kłaja Agnieszka         | (Poznań)                                | 1986   |         | K30 |              | 1:07:27  |              |             |      |
| 616      | Kołodziejczyk Katarzyna | (Plewiska)                              | 1982   |         | K30 |              |          | 1:07:41      |             |      |
| 617      | Bartkowiak Anna         | (Piaskowo-Ostroróg)                     | 1980   |         | K30 |              |          | 1:07:42      |             |      |
| 618      | Jackowiak Jarek         | gRUNwald Team Poznań                    | 1961   |         | M50 | 1:07:42      |          |              |             |      |
| 619      | Głuszcak Krzysztof      | (Bledzew)                               | 1985   |         | M30 |              |          | 1:07:49      |             |      |
| 620      | Matysek Ireneusz        | (Wałcz)                                 | 1958   |         | M60 |              | 1:08:00  |              |             |      |
| 621      | Zajac Krzysztof         | DRUŻYNA SZPIKU/WKURW_TEAM/BezUltraDziki | 1977   |         | M40 |              | 1:08:03  |              |             |      |
| 622      | Kolendo Filip           | Yanosik Team                            | 1976   |         | M40 |              | 1:08:23  |              |             |      |
| 623      | Szymański Jacek         | (Skórka)                                | 1967   |         | M50 | 1:08:38      |          |              |             |      |



| Msc open | Nazwisko imię               | Klub lub miasto        | Rok ur | Msc M/K | Kat | Walentynkowy | Zającek | Świętojański | Mikołajkowy | Suma |
|----------|-----------------------------|------------------------|--------|---------|-----|--------------|---------|--------------|-------------|------|
| 624      | Szymańska Hanna             | (Skórka)               | 1974   |         | K40 | 1:08:38      |         |              |             |      |
| 625      | Kaca Jarosław               | (Morzyczyn)            | 1990   |         | M20 |              | 1:08:43 |              |             |      |
| 626      | Radosz Marcin               | #Wkurw_Team            | 1993   |         | M20 |              |         | 1:08:45      |             |      |
| 627      | Gadzińska Izabela           | #Wkurw_Team            | 1993   |         | K20 |              |         | 1:08:45      |             |      |
| 628      | Psik Marzena                | HERNIK TEAM            | 1969   |         | K50 |              | 1:08:50 |              |             |      |
| 629      | Draber Ewa                  | Biegacze Celebryci     | 1995   |         | K20 |              |         | 1:08:54      |             |      |
| 630      | Kostańska Beata             | Kościan Team           | 1978   |         | K40 | 1:08:55      |         |              |             |      |
| 631      | Holajda Marek               | (Poznań)               | 1982   |         | M30 | 1:09:08      |         |              |             |      |
| 632      | Świtek Monika               | (Janikowo)             | 1990   |         | K20 |              |         | 1:09:24      |             |      |
| 633      | Targosz-Kasierska Katarzyna | (Poznań)               | 1987   |         | K30 |              | 1:09:27 |              |             |      |
| 634      | Łoszajc Dorota              | PanWygodny.pl          | 1988   |         | K30 | 1:09:34      |         |              |             |      |
| 635      | Łoszajc Michał              | PanWygodny.pl          | 1987   |         | M30 | 1:09:35      |         |              |             |      |
| 636      | Latowska Magdalena          | (poznań)               | 1967   |         | K50 |              | 1:09:45 |              |             |      |
| 637      | ZWIERNIK JAROSŁAW           | Poznań                 | 1971   |         | M40 | 1:09:46      |         |              |             |      |
| 638      | Michalski Łukasz            | (Włociejewice)         | 1995   |         | M20 |              | 1:09:50 |              |             |      |
| 639      | Nadskakuła Łukasz           | (Poznań)               | 1982   |         | M30 |              | 1:09:53 |              |             |      |
| 640      | Pałatyńska Karolina         | (Przygodzice)          | 1979   |         | K40 |              |         | 1:09:59      |             |      |
| 641      | Bierła Izabela              | (Ostrów Wielkopolski)  | 1979   |         | K40 |              |         | 1:09:59      |             |      |
| 642      | Binek Emilia                | (Ostrów Wielkopolski)  | 1974   |         | K40 |              |         | 1:09:59      |             |      |
| 643      | Nadobnik Magdalena          | (Gruszczyn)            | 1979   |         | K40 |              | 1:09:59 |              |             |      |
| 644      | dobosz tomasz               | (źorawina)             | 1980   |         | M30 |              | 1:10:02 |              |             |      |
| 645      | Kujath Dominika             | Altom Gniezno          | 1984   |         | K30 |              | 1:10:08 |              |             |      |
| 646      | Kujath Mateusz              | (Poznań)               | 1985   |         | M30 |              | 1:10:08 |              |             |      |
| 647      | SZYMAŃSKA IRMINA            | (Wronki)               | 1975   |         | K40 | 1:10:13      |         |              |             |      |
| 648      | Kalińska Joanna             | 1966                   | 1966   |         | K50 |              |         | 1:10:26      |             |      |
| 649      | Kielik Monika               | (Bobrowniki)           | 1993   |         | K20 | 1:10:35      |         |              |             |      |
| 650      | Barczykowski Szymon         | (Licheń Stary)         | 1988   |         | M30 | 1:10:53      |         |              |             |      |
| 651      | NASKRĘT MARIUSZ             | (RACOT)                | 1975   |         | M40 |              | 1:11:29 |              |             |      |
| 652      | Jagięło Albert              | Decathlon Team Swadzim | 1990   |         | M20 |              | 1:11:31 |              |             |      |
| 653      | Dąbrowska Joanna            | (Poznań)               | 1983   |         | K30 | 1:11:32      |         |              |             |      |
| 654      | Kryzan Irma                 | (Poznań)               | 1990   |         | K20 |              | 1:11:33 |              |             |      |
| 655      | Janasik Dominik             | (Poznań)               | 1980   |         | M30 | 1:11:33      |         |              |             |      |
| 656      | Skurzyńska Magdalena        | (Poznań)               | 1988   |         | K30 |              | 1:11:40 |              |             |      |



| Msc<br>open | Nazwisko imię             | Klub lub miasto                  | Rok<br>ur | Msc<br>M/K | Kat | Walentynkowy | Zającek | Świętojański | Mikołajkowy | Suma |
|-------------|---------------------------|----------------------------------|-----------|------------|-----|--------------|---------|--------------|-------------|------|
| 657         | Urbańczyk Łukasz          | (Września)                       | 1987      |            | M30 |              | 1:11:41 |              |             |      |
| 658         | Merklinghaus-Kober Monika | Speed Feet '16 / parkrun Kościan | 1975      |            | K40 | 1:11:47      |         |              |             |      |
| 659         | Sroczyński Jakub          | Mielone Srocзки                  | 1976      |            | M40 |              | 1:11:51 |              |             |      |
| 660         | Łuczak Łukasz             | KSW Nokaut Kościan               | 1987      |            | M30 | 1:11:53      |         |              |             |      |
| 661         | Iwan Jagoda               | (Mieszkowice)                    | 2001      |            | K16 |              | 1:12:12 |              |             |      |
| 662         | Gręda Dorita              | Kret Okodeusz                    | 1994      |            | K20 |              | 1:12:21 |              |             |      |
| 663         | Iwan Adrianna             | (Mieszkowice)                    | 1996      |            | K20 |              | 1:13:01 |              |             |      |
| 664         | Grzesiak Marek            | Parkrun Poznań                   | 1974      |            | M40 | 1:13:48      |         |              |             |      |
| 665         | Skórnik Jarosław          | 1967                             | 1967      |            | M50 | 1:13:51      |         |              |             |      |
| 666         | Jankowski Rafał           | Koło Biega                       | 1984      |            | M30 | 1:14:07      |         |              |             |      |
| 667         | Jankowska Magdalena       | Drużyna Marzeń                   | 1983      |            | K30 | 1:14:08      |         |              |             |      |
| 668         | Leppert Monika            | (Nakło nad Notecią)              | 1995      |            | K20 |              |         | 1:15:18      |             |      |
| 669         | Witkowski Marek           | (Gorzów Wlkp)                    | 1971      |            | M40 | 1:15:24      |         |              |             |      |
| 670         | Witkowska Anna            | (Gorzów Wlkp)                    | 1981      |            | K30 | 1:15:24      |         |              |             |      |
| 671         | Wika Marta                | Wieczorne Bieganie w Szczecinie  | 1990      |            | K20 |              |         | 1:15:26      |             |      |
| 672         | Nadolińska Monika         | (Poznań)                         | 1982      |            | K30 |              | 1:16:09 |              |             |      |
| 673         | Kolendo Justyna           | Yanosik Team                     | 1977      |            | K40 |              | 1:16:23 |              |             |      |
| 674         | Mizerakowska Karolina     | (Jelenia Góra)                   | 1987      |            | K30 |              |         | 1:16:54      |             |      |
| 675         | Mazurak Krzysztof         | (Jelenia Góra)                   | 1984      |            | M30 |              |         | 1:16:56      |             |      |
| 676         | CHOLA SYLWIA              | (Poznań)                         | 1984      |            | K30 | 1:20:15      |         |              |             |      |
| 677         | Złoczewski Kornel         | wqurw_team                       | 1997      |            | M20 | 1:20:44      |         |              |             |      |
| 678         | Urbanowicz Natalia        | wqurw_team                       | 2000      |            | K16 | 1:20:44      |         |              |             |      |
| 679         | Szymański PAWEŁ           | MUAY RUNNING TEAM                | 1980      |            | M30 |              | 1:21:59 |              |             |      |
| 680         | Rożek Agnieszka           | MUAY RUNNING TEAM                | 1978      |            | K40 |              | 1:22:00 |              |             |      |

Liczba zawodników: 680

