

IV Mistrzostwa Skoków w Nordic Walking

Wyniki OPEN 10km NW Skoki 2019-05-11

| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmina Skoki | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|----------------------|--------------------|------------------------------|--------|------|---------|---------|-------------|----------------|--------------|------------|
| 1. | 267 | woroch roman | dopiewo | kghm metraco polkowice | 1958 | M60+ | gen. | M (1.) | | 1:08:37 | 06:51 | 1:08:36 |
| 2. | 284 | Cholewiński Wojciech | Murowana Goślina | HERNIK TEAM | 1966 | M50 | gen. | M (2.) | | 1:12:57 | 07:17 | 1:12:56 |
| 3. | 272 | Poniewski Paweł | Sława Wielkopolska | Hart Skoki | 1985 | M15 | gen. | M (3.) | 1. | 1:13:31 | 07:21 | 1:13:30 |
| 4. | 210 | Przybysz Grzegorz | Popowo Kościelne | | 1982 | M15 | 1. | M (4.) | | 1:14:45 | 07:28 | 1:14:45 |
| 5. | 233 | Kromski Paweł | ROKIETNICA | Nordic Walking Kiekrz Poland | 1967 | M50 | 1. | M (5.) | | 1:15:09 | 07:30 | 1:15:07 |
| 6. | 255 | Nowak Wiesław | Skoki | UKS | 1962 | M50 | 2. | M (6.) | 2. | 1:15:15 | 07:31 | 1:15:15 |
| 7. | 281 | Kubicki Paweł | Skoki | | 1968 | M50 | 3. | M (7.) | 3. | 1:15:24 | 07:32 | 1:15:24 |
| 8. | 274 | Wojtaszak Leszek | Świątniki Wielkie | Altom Gniezno | 1961 | M50 | 4. | M (8.) | | 1:18:18 | 07:49 | 1:18:13 |
| 9. | 260 | Dukat Radosław | Śrem | | 1975 | M40 | 1. | M (9.) | | 1:18:27 | 07:50 | 1:18:26 |
| 10. | 290 | Przymusiński Piotr | Poznań | | 1954 | M60+ | 1. | M (10.) | | 1:18:31 | 07:51 | 1:18:30 |
| 11. | 238 | Maćkowiak Krzysztof | Poznań | | 1984 | M15 | 2. | M (11.) | | 1:18:46 | 07:52 | 1:18:42 |
| 12. | 216 | Tomczak Joanna | Wągrowiec | | 1978 | K40 | gen. | K (1.) | | 1:19:00 | 07:54 | 1:18:52 |
| 13. | 291 | Chmielewski Marcin | Poznań | PROTYM | 1978 | M40 | 2. | M (12.) | | 1:19:05 | 07:54 | 1:19:03 |
| 14. | 237 | Ławiak Tomasz | Poznań | | 1993 | M15 | 3. | M (13.) | | 1:19:28 | 07:56 | 1:19:24 |
| 15. | 224 | Sobczyk Barbara | Luboń | | 1968 | K50 | gen. | K (2.) | | 1:19:36 | 07:57 | 1:19:31 |
| 16. | 266 | Stawniak Karol | Żnin | | 1948 | M60+ | 2. | M (14.) | | 1:20:19 | 08:01 | 1:20:18 |
| 17. | 276 | Stefańska Sylwia | Poznań | | 1982 | K15 | gen. | K (3.) | | 1:20:19 | 08:01 | 1:20:17 |
| 18. | 217 | Błażejowski Mikołaj | Wągrowiec | PTTK Wągrowiec | 1955 | M60+ | 3. | M (15.) | | 1:20:40 | 08:04 | 1:20:37 |
| 19. | 288 | Nowicki Ryszard | Wągrowiec | | 1960 | M50 | 5. | M (16.) | | 1:20:40 | 08:04 | 1:20:39 |
| 20. | 264 | Kowalewska Arleta | Murowana Goślina | | 1970 | K40 | 1. | K (4.) | | 1:20:46 | 08:04 | 1:20:43 |
| 21. | 278 | Komischke Monika | Poznań | | 1984 | K15 | 1. | K (5.) | | 1:21:30 | 08:09 | 1:21:29 |
| 22. | 273 | Frydrych Marcin | Rokietnica | Nordic Walking Kiekrz Poland | 1978 | M40 | 3. | M (17.) | | 1:21:47 | 08:10 | 1:21:44 |
| 23. | 251 | Adamski Jacek | Szczodrochowo | Aquapark Masters Wągrowiec | 1960 | M50 | 6. | M (18.) | 4. | 1:22:09 | 08:12 | 1:22:05 |

| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmina Skoki | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|-------------------------------------|--------------------|---------------------------------|--------|------|---------|---------|-------------|----------------|--------------|------------|
| 24. | 211 | Newska Edyta | Gołańcz | | 1972 | K40 | 2. | K (6.) | | 1:22:26 | 08:14 | 1:22:25 |
| 25. | 243 | Sieracka Katarzyna | Leszno | AZYMUT | 1963 | K50 | 1. | K (7.) | | 1:23:05 | 08:18 | 1:23:04 |
| 26. | 259 | Ewertowska Ewa | Poznań | Nordic Walking Kiekrz Poland | 1968 | K50 | 2. | K (8.) | | 1:24:02 | 08:24 | 1:23:59 |
| 27. | 206 | Hałas Ewa | Kcynia | Team Run Kcynia | 1980 | K15 | 2. | K (9.) | | 1:24:36 | 08:27 | 1:24:33 |
| 28. | 203 | Więckowska Paulina | Śława Wielkopolska | | 1978 | K40 | 3. | K (10.) | 1. | 1:25:13 | 08:31 | 1:25:08 |
| 29. | 228 | Flisikowska-Wojciechowska Magdalena | Kicin | Biegacze Juniora - Runners Team | 1974 | K40 | 4. | K (11.) | | 1:25:48 | 08:34 | 1:25:48 |
| 30. | 205 | Urbaniak Renata | Skoki | | 1968 | K50 | 3. | K (12.) | 2. | 1:26:12 | 08:37 | 1:26:12 |
| 31. | 280 | Koszutska Błaszczuk Małgorzata | Skoki | | 1981 | K15 | 3. | K (13.) | 3. | 1:26:33 | 08:39 | 1:26:31 |
| 32. | 236 | Surdyk Andrzej | Skoki | | 1966 | M50 | 7. | M (19.) | 5. | 1:26:44 | 08:40 | 1:26:38 |
| 33. | 244 | Ziegler Barbara | Lipno | AZYMUT | 1952 | K60+ | 1. | K (14.) | | 1:26:55 | 08:41 | 1:26:53 |
| 34. | 279 | Dolata Dorota | Kiekrz | Nordic Walking Kiekrz Poland | 1962 | K50 | 4. | K (15.) | | 1:27:18 | 08:43 | 1:27:16 |
| 35. | 258 | Maćkowiak Krystyna | Długa Goślina | | 1956 | K60+ | 2. | K (16.) | | 1:27:46 | 08:46 | 1:27:40 |
| 36. | 223 | Mazur Kamila | Kicin | Biegacze Juniora - Runners Team | 1975 | K40 | 5. | K (17.) | | 1:28:01 | 08:48 | 1:27:53 |
| 37. | 222 | Chmielewska Katarzyna | Poznań | Biegacze Juniora - Running Team | 1983 | K15 | 4. | K (18.) | | 1:28:02 | 08:48 | 1:28:00 |
| 38. | 247 | Mostowska-Nowak Elżbieta | Żakowo | | 1960 | K50 | 5. | K (19.) | | 1:28:51 | 08:53 | 1:28:49 |
| 39. | 218 | Skrzypczak Elżbieta | Wągrowiec | | 1973 | K40 | 6. | K (20.) | | 1:29:05 | 08:54 | 1:28:57 |
| 40. | 212 | Kraczek-Hagdan Justyna | Skoki | | 1977 | K40 | 7. | K (21.) | 4. | 1:29:11 | 08:55 | 1:29:03 |
| 41. | 250 | Kamińska Wioleta | Skoki | Hart Skoki | 1966 | K50 | 6. | K (22.) | 5. | 1:29:27 | 08:56 | 1:29:25 |
| 42. | 242 | Przybysławska Beata | Dębica | | 1989 | K15 | 5. | K (23.) | | 1:29:36 | 08:57 | 1:29:29 |
| 43. | 221 | Grzechowiak Natalia | Wągrowiec | | 1984 | K15 | 6. | K (24.) | | 1:29:37 | 08:57 | 1:29:28 |
| 44. | 239 | Jurgiewicz Elżbieta | Mosina | | 1984 | K15 | 7. | K (25.) | | 1:30:02 | 09:00 | 1:29:59 |
| 45. | 262 | Michalska Sylwia | Murowana Goślina | Daleko jeszcze? | 1974 | K40 | 8. | K (26.) | | 1:30:22 | 09:02 | 1:30:18 |
| 46. | 261 | Sonnenberg Natalia | Rakownia | | 1987 | K15 | 8. | K (27.) | | 1:31:44 | 09:10 | 1:31:42 |
| 47. | 256 | Kluczyński Krzysztof | Ślawica | | 1953 | M60+ | 4. | M (20.) | 6. | 1:31:47 | 09:10 | 1:31:42 |
| 48. | 235 | Surdyk Barbara | Skoki | | 1968 | K50 | 7. | K (28.) | 6. | 1:32:47 | 09:16 | 1:32:43 |
| 49. | 270 | Górna Sylwia | Skoki | | 1984 | K15 | 9. | K (29.) | 7. | 1:34:08 | 09:24 | 1:34:04 |



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|----------|----------|----------------------------|--------------------|---------------------------------|--------|------|---------|---------|-------------|----------------|--------------|------------|
| 50. | 220 | Walewska Alicja | Koziegłowy | Biegacze Juniora Runners Team | 1982 | K15 | 10. | K (30.) | | 1:34:16 | 09:25 | 1:34:15 |
| 51. | 208 | Lesniewicz Małgorzata | Koziegłowy | Biegacze Juniora - Runners Team | 1967 | K50 | 8. | K (31.) | | 1:34:30 | 09:27 | 1:34:28 |
| 52. | 94 | Koberstein Wioletta | Murowana Goślina | | 1984 | K15 | 11. | K (32.) | | 1:34:41 | 09:28 | 1:34:38 |
| 53. | 282 | Winkel Maria | Murowana Goślina | | 1962 | K50 | 9. | K (33.) | | 1:35:17 | 09:31 | 1:35:13 |
| 54. | 283 | Roszak Judyta | Sława Wielkopolska | | 1988 | K15 | 12. | K (34.) | 8. | 1:35:17 | 09:31 | 1:35:13 |
| 55. | 248 | Stachowiak Grażyna | Łosiniec | | 1964 | K50 | 10. | K (35.) | 9. | 1:35:23 | 09:32 | 1:35:20 |
| 56. | 271 | Nowicka Wiesława | Wągrowiec | | 1961 | K50 | 11. | K (36.) | | 1:35:42 | 09:34 | 1:35:40 |
| 57. | 265 | Godawa Aneta | Murowana Goślina | Daleko jeszcze? | 1979 | K40 | 9. | K (37.) | | 1:36:19 | 09:37 | 1:36:16 |
| 58. | 214 | Monika Gierszendorf Monika | Murowana Goślina | KB Katorżnik Murowana Goślina | 1972 | K40 | 10. | K (38.) | | 1:36:19 | 09:37 | 1:36:13 |
| 59. | 287 | Urban Jacek | Leszno | | 1950 | M60+ | 5. | M (21.) | | 1:37:53 | 09:47 | 1:37:46 |
| 60. | 227 | Gapińska Michnik Magdalena | Wągrowiec | | 1981 | K15 | 13. | K (39.) | | 1:38:14 | 09:49 | 1:38:05 |
| 61. | 231 | Jaworska Sylwia | Wągrowiec | | 1983 | K15 | 14. | K (40.) | | 1:38:14 | 09:49 | 1:38:05 |
| 62. | 268 | Charubin Angelika | Stawiany | | 1974 | K40 | 11. | K (41.) | 10. | 1:38:47 | 09:52 | 1:38:41 |
| 63. | 269 | Pac Małgorzata | Stawiany | | 1982 | K15 | 15. | K (42.) | 11. | 1:38:47 | 09:52 | 1:38:42 |
| 64. | 207 | Makowska Ilona | Koziegłowy | | 1970 | K40 | 12. | K (43.) | | 1:39:32 | 09:57 | 1:39:30 |
| 65. | 254 | Baranowska Elżbieta | Skoki | | 1958 | K60+ | 3. | K (44.) | 12. | 1:40:07 | 10:00 | 1:40:06 |
| 66. | 252 | Sicińska Joanna | Przeźmierowo | | 1967 | K50 | 12. | K (45.) | | 1:40:21 | 10:02 | 1:40:19 |
| 67. | 285 | WIŚNIEWSKA MARIOLA | Leszno | | 1959 | K60+ | 4. | K (46.) | | 1:40:23 | 10:02 | 1:40:16 |
| 68. | 286 | PRAŁAT GRAŻYNA | Lipno | | 1956 | K60+ | 5. | K (47.) | | 1:40:23 | 10:02 | 1:40:17 |
| 69. | 234 | Szary Patrycja | Murowana Goślina | | 1997 | K15 | 16. | K (48.) | | 1:41:20 | 10:08 | 1:41:10 |
| 70. | 230 | Drewicz Barbara | Poznań | | 1965 | K50 | 13. | K (49.) | | 1:41:34 | 10:09 | 1:41:24 |
| 71. | 229 | Szary Beata | Murowana Goślina | | 1972 | K40 | 13. | K (50.) | | 1:41:37 | 10:09 | 1:41:28 |
| 72. | 289 | Jaworska Beata | Rogoźno | nie dotyczy | 1972 | K40 | 14. | K (51.) | | 1:41:43 | 10:10 | 1:41:42 |
| 73. | 257 | Kluczyńska Alicja | Sławica | | 1958 | K60+ | 6. | K (52.) | 13. | 1:42:46 | 10:16 | 1:42:41 |
| 74. | 232 | Teska Agnieszka | Koziegłowy | Biegacze Juniora - Runners Team | 1976 | K40 | 15. | K (53.) | | 1:44:27 | 10:26 | 1:44:25 |
| 75. | 201 | Reszelski Marcin | Potrzeznowo | | 1982 | M15 | 4. | M (22.) | 7. | 1:46:40 | 10:40 | 1:46:37 |



| Msc open | Nr start | Nazwisko, imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | Gmina Skoki | Wynik brutto | Tempo min/km | Czas netto |
|-------------|-------------|------------------|-------------|----------------|-----------|-----|------------|------------|----------------|-----------------|-----------------|---------------|
| 76. | 275 | BŁASZCZYK ŁUKASZ | POZNAŃ | KIJANKI POZNAŃ | 1975 | M40 | 4. | M (23.) | | 1:53:10 | 11:19 | 1:53:02 |

Liczba zawodników: 76

